50th Anniversary

COMMUNITY

ACTIVITIES DAY

SAT 13 SEPT LANCASTER UNIVERSITY

Programme of Events

11am to 5pm

Lancaster University Campus Free, interactive fun for all ages

be a part of it ...







be a part of it ... Free, interactive fun for all ages

Thank you for joining us to celebrate our 50th Anniversary weekend at our Community Activities Day.

This milestone year gives us an opportunity not only to celebrate our world class credentials in teaching and research, but also to celebrate our community links closer to home.

We have always been hugely proud of our roots in Lancaster and, through this event, hope to give you a deeper insight into just what goes on here at the University and how we are working to benefit our local community and beyond.

We have a host of exciting and interactive events planned: Hear talks on the First World War by our expert historians, watch student performances and find out if you have a natural aptitude for Dutch!

There is also plenty for our young visitors – try painting with renowned local artist Chas Jacobs or pay a visit to the Teddy Bear Hospital. Details of these events, and many more, can be found in this programme.

We would love to hear what you think about the day, so if you have a chance, please do fill in one of the feedback forms available around the site.

I hope you enjoy your experiences on campus today and that you are able to join us again for future events.



Professor Mark E. Smith



















FUN SCIENCE
CREATIVE & ARTS CLASSES
OPEN LABS
LANGUAGE TASTERS
PUBLIC LECTURES
CHILDREN'S ACTIVITIES
CAMPUS TOURS
SPORTS ACTIVITIES
FOOD & DRINK

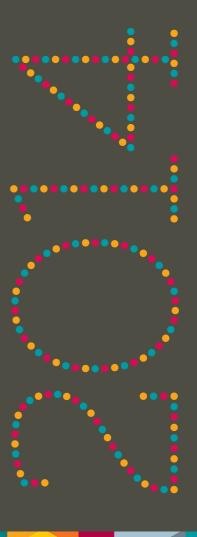
About the events

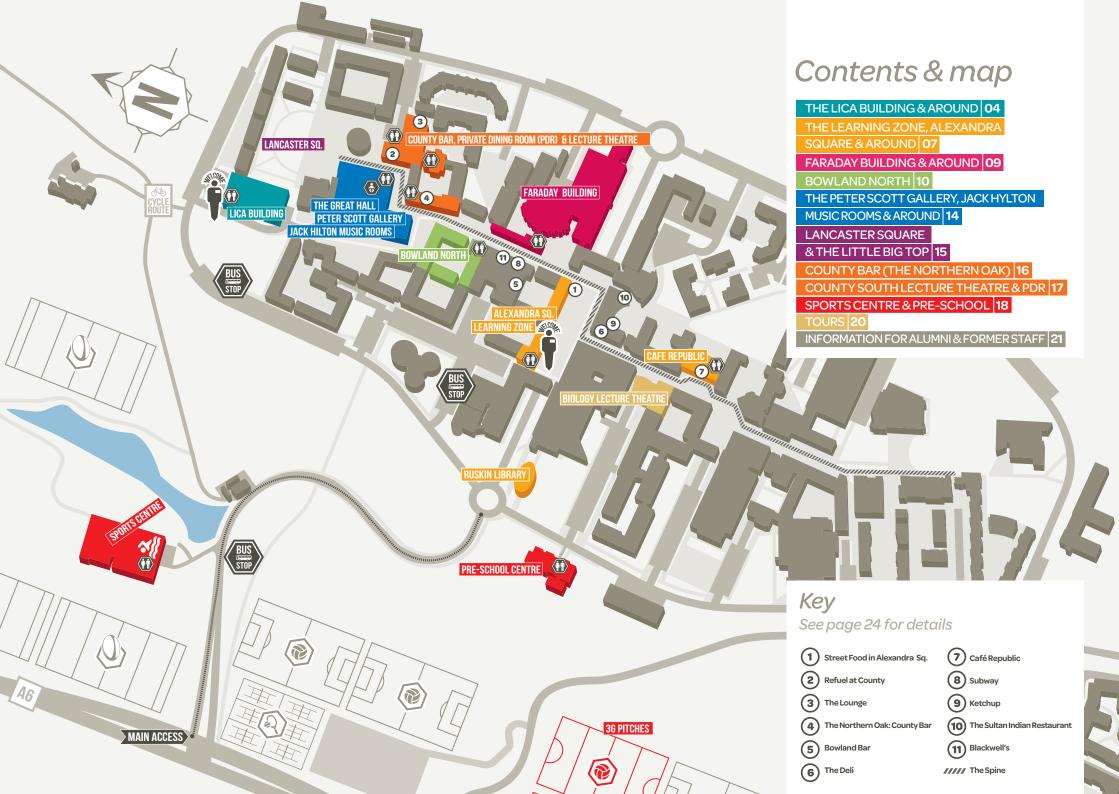
This programme provides a summary of each of the activities taking place during the Community Activities Day. Please note that activities may change.

Each venue corresponds to a location on the map available on the following spread.

Places at most activities will be on a first come first served basis, so please arrive early to avoid disappointment. The capacity of some activities is shown as a guide in the listings. Advanced sign-up is required in some cases. Please see each listing for more information.

All activities are suitable for all age groups unless specifically indicated. Children and young people aged 14 and under must be accompanied by an adult at all times.





THE LICA BUILDING & AROUND

One of two welcome points (along with the Learning Zone) where you can sign up for activities, get directions and take part in activities. See page 20 for more information about tours.

Outbreak of LU-50 virus! - Station 1

All day - 11am to 5pm

LICA Building, main event space

There's been an outbreak of the fictional LU-50 virus! Watch as the outbreak is mapped in real time with methods being used by researchers at Lancaster Medical School. But don't worry if you get infected, the researchers also have a cure.

Seeing speech using ultrasound

All day - 11am to 5pm

LICA Building, main event space

Speech is produced by moving the tongue in various ways, but have you ever seen how your tongue moves when you speak? Take part in our ultrasound tongue imaging demonstration. You'll learn about how we can use ultrasound for speech therapy and also see your own tongue in action.



Looking inside volcanoes

All day - 11am to 5pm LICA Building, main event space

It's very difficult to observe the movement of gases and liquids in the lava found inside volcanoes. Discover how an experimental 'model' volcano can be used to understand some of the processes that take place. These processes are linked to the causes of ground movements and sounds measured from real volcanoes.

Wonder wind

All day - 11am to 5pm

LICA Building, main event space

Make your own pinwheel windmill to take home, find out about renewable energy and how wind power is helping to save energy at the University.





Super squidgy science

All day – 11am to 5pm

LICA Building, main event space

Join us for some super squidginess! You will extract actual gloopy DNA from strawberries using a special squidgy recipe perfected by our barmy boffins. If that is not enough you will also use loom bands to make your own human DNA sequence bracelets.



Young Explorers Pawsport Activities

Collect all four stamps...





We've created an activity trail of fun, hands on activities for kids around the event. All you have to do is simply sign up for your Pawsport at one of the young explorers Pawsport stations. Collect all four stamps at the four fun activity stations across campus and you'll receive your Pawsport prize! Pawsport activities are shown in this programme with a paw symbol.

Pawsport offices can be found at the Pre-School Centre, Welcome Desks, and at each of the four fun activity stations.

Catalyst: using technology to solve social problems

All day – 11am to 5pm LICA Building, main event space

Catalyst shares prototypes created to help solve social problems. Play with energy saving devices, 'clasp' which helps autism sufferers manage anxiety, and 'PAT' a clever printer! Find out more about the upcoming Synergize 2014 conference on 22 to 23 September at www.synergize2014.org





Sexpression:UK

All day – 11am to 5pm

LICA Building, main event space

Sexpression: UK is an independent network of student projects based at UK universities, which aim to empower young people to make informed choices about their sexual and reproductive health through education. Find out more about the Sexpressions health education that Lancaster Medical School students deliver in local schools. Parental discretion is advised.



3D printing

All day - 11am to 5pm

LICA Building, main event space

See our 3D printer in action and find out about how 3D Printing can rapidly, cheaply and easily produce working prototypes of products for industry, or even home DIY!

Funny business

All day - 11am to 5pm

LICA Building, main event space

Come and play! The world of work can be a very serious place. Not today! Invent and brand your own drink, design your dream business, get top tips for your business, vote for winning ideas and find out how Lancaster University could help you get your business dream off to a flying start.

Tips for joyful living

All day - 11am to 5pm

LICA Building, main event space

Stressed-out or over-worked? Come and spin the wheel of joy and learn about the five-a-day for your mind. Fun activities to brighten your day for both adults and children, with competition prizes to be won.

Flexibility and rigidity: why nature and humans build the way they do

11:15am to 12:05pm; 12:30pm to 1:20pm; 1:40pm to 2:30pm

LICA Building, main event space

If you connect rods together by joints, when is the result rigid or flexible? Join Mathematics lecturer Dr Bernd Schulze to hear about Lancaster's world-leading work in this fascinating area and some of its applications from the very small to the extremely large scale. You'll also get the chance to explore the topic hands-on with our models.

Capacity: 30

Scary monsters, cute creatures, strange aliens

12pm to 1pm

LICA Building, seminar room 4

Let your imagination run wild to create your own cute 'pet' monsters to take home. Design your own monster and learn how to create clay sculptures to turn your ideas into reality!

7 to 11 Years (Approx.)

Introduction to life drawing

2pm to 3pm

LICA Building, seminar room 4

Life drawing has been regarded as a central discipline in most art school courses since the 1600s for artists of all disciplines. Join this session, which is suitable for beginners through to experienced artists, and take part in a life drawing class which encourages a keen eye for detail and strong concentration throughout.

Capacity: 16



Make a film in 45 minutes with The Dukes

11am to 11:45am; 12pm to 12:45pm; 2pm to 2:45pm; 3pm to 3:45pm

LICA Building, seminar room 5

Using mobile phones, smart technology and a bit of ingenuity this is a great session for junior film makers. Join in and explore with a team from The Dukes Theatre how the latest technology can feed your creative side.



Capacity: 10

10 to 18 Years (Approx.)

THE LEARNING ZONE, ALEXANDRA SQUARE

& AROUND

One of two welcome points (along with the LICA Building) where you can pick up a programme, sign up for activities, get directions and take part in activities.

Build a skeleton All day – 11am to 5pm The Learning Zone

Find out what your knee bone is connected to! Make a skeleton out of cotton buds and see what you look like inside.







A Pawsport activity - see page 4 for details

Teddy Bear Hospital All day – 11am to 5pm The Learning Zone

Is your Teddy poorly? Bring him along to the Teddy Bear Hospital where the doctors from Lancaster Medical School will try to find out what is wrong using their stethoscopes, 'X-ray' machines and sphygmomanometers (to measure Teddy's stuffing pressure). You'll even be able to dress up and pretend you are a doctor too!

4 to 10 Years (Approx.)

Lancaster's global community

All day – 11am to 5pm

Have you ever wondered where all the people who make up the Lancaster University community come from? Come along to the Learning Zone for some interactive fun.

Map yourself onto our virtual Lancaster
University community and help us answer that very question.

Outbreak of LU-50 virus! – station 2

All day - 11am to 5pm

The Learning Zone

There's been an outbreak of the fictional LU-50 virus! Watch as the outbreak is mapped in real time with methods being used by researchers at Lancaster Medical School. But don't worry if you get infected, the researchers also have a cure.

50 years, 50 voices

All day – 11am to 5pm

The Learning Zone

Over the last seven months we've been meeting people connected with Lancaster University and recording their stories to help mark the Anniversary. Watch the amazing films they've made as a result and tell us your stories too.

Recruitment and employment service

All day - 11am to 5pm

The Learning Zone

The Employment and Recruitment Service is a professional recruitment agency run by Lancaster University. Find out about permanent and temporary job opportunities coming up at the University and how you can register with us to find out about future roles.

Lancaster University course information

All day – 11am to 5pm The Learning Zone

Pick up a prospectus and talk to our students about life here at Lancaster and the great range of degree courses available.

Reach your potential – careers advice

All day – 11am to 5pm

The Learning Zone

Our careers professionals can help you build and refine your CV, test your strengths with psychometric tests and give you advice about your future career plans.

Students' Union showcase

All day - 11am to 5pm

Alexandra Square

Lancaster University Students' Union is hosting a showcase of student clubs and societies in Alexandra Square, with live music, sports and dance performances.



Adopt-A-Pot

All day - 11am to 5pm

The spine – opposite the entrance

to the Learning Zone

Pot and take home your own edible plant as part of the Green Lancaster initiative to grow food all over campus; help yourself to whatever we've harvested from our garden this week; or join a tour of our Eco-Hub to see what we are growing!

Cafe of the future!

All day - 11am to 5pm

Café Republic

We're taking innovation out of the labs and into the real world. Together with our researchers in computing and design, Café Republic showcases a selection of technologies of the future. Enjoy radical new coffee flavours and see for yourself the technologies and visions of what 'the cafe of the future' might look like.

Visit the Ruskin Library

11am to 4pm

The Ruskin Library

Explore the Ruskin Library, which houses an outstanding collection of the papers and drawings of the Victorian writer and artist John Ruskin, covering landscape, art and architecture and the study of the natural world. You will be able to view the current exhibition 'This Mountain Paradise': Ruskin on the Continent, 1835.



THE FARADAY BUILDING & AROUND

Tour our physics labs

Tours at 2:30pm to 3:30pm; 3pm to 4pm; 3:30pm to 4:30pm

Physics Building Foyer (enter via Faraday Building entrance and follow directions)

Visit the coldest place in the universe. Hear how Lancaster helped discover the Higgs Boson and our understanding of the neutrino. Learn how space weather can impact the environment of the Earth and other planets. Find out about the nano-scale quantum world and how physics can help to detect cancer at an early stage. Discover the astonishing properties of atomically-thin two-dimensional materials, such as Graphene. Our research quality has been judged No. 1 in the UK. 🙆

Capacity: 24 per tour



The Dropout revisited

All day - 11am to 5pm

Faraday Building, Cavendish Lecture Theatre

The Dropout is a film made by two of Lancaster's first students. Gerald Burns and Charles Chabot in 1967, about two Lancasters: City and University. They revisited their original filming locations in 2013, to produce a compelling documentary of Lancaster 'then and now'. Both films will be screened all day.

A bite of Chinese culture: Games and puzzles

11am to 11.50am

Faraday Building, seminar room 4

Try your hand at traditional Chinese games including word games, calligraphy, and Chinese chess.

Capacity: 24

A bite of Chinese culture: Make your own dumplings

12pm to 12:50pm; 1pm to 1:50pm Faraday Building, seminar rooms 3 & 4

Try your hand at making traditional Chinese jiaozi dumplings with a session run by the University's Confucius Institute.

Capacity: 24 per session

A bite of Chinese culture: Learn **Mandarin**

Family - 2pm to 2:30pm Faraday Building, seminar room 4

Adults - 2:30pm to 3:00pm

Faraday Building, seminar room 3

Take part in our language taster sessions and learn your first words in Mandarin Chinese. There are sessions for both adults and families.

Capacity: 24

A bite of Chinese culture: Try Chinese painting

3pm to 4:30pm

Faraday Building, seminar room 4

Join our talented artists for an insight into Chinese painting. We begin with a talk covering some basic principles followed by an opportunity to try it yourself.

Capacity: 24

Comic books and comic arts

4pm to 5pm

Faraday Building, Frankland Lecture Theatre

Create your own comic book characters in this session led by professional comic book artist Dave Golding. Dave will also give you an insight into his life in the industry.



BOWLAND NORTH

Catching a killer with forensic linguistics

11:30am to 12pm; 12:30pm to 1pm; 1:30pm to 2pm

Bowland North, Marcus Merriman Lecture Theatre

Hear how forensic linguistics is being used to help solve crimes. Examine the case of a missing teenager, analyse texts sent from her phone shortly after her disappearance, and determine if she really wrote them. Whilst not graphic, this talk involves details that may distress young or sensitive audience members. Parental discretion is advised.

Capacity: 80



Test yourself in a foreign language All day – 11am to 5pm

Bowland North, room A65

Test your language skills with our computerbased test - DIALANG. You'll be able to choose from a variety of languages including French, Spanish, Dutch and German. After taking the test you'll receive feedback on your performance.



Science hunters: Investigate ecology using computer games

Join an activity session at 12:15pm to 12:45pm; 2:15pm to 2:45pm; 4:15pm to 4:45pm, or drop in between times Bowland North, room A64

Play computer games with the Science Hunters! The Science Hunters use computer games to teach science – in this case you'll learn about the natural world using the game Minecraft.

Capacity: 26

Cello babies

11:30am to 12:10pm; 1pm to 1:40pm; 3pm to 3:40pm

Bowland North, seminar room 7

Babies and toddlers from 0 to 2 years will love exploring this sensory environment. Each 40 minute session is filled with fun activities designed to show how babies and toddlers use sound to communicate, explore, create and make sense of the world.

Capacity: 12 babies
12 parents

O to 2 Years (Approx.)

Streets of mourning: Lancaster in the First World War

Talks - 12pm to 12:20pm; 4pm to 4:20pm. Drop in - 11am to 12pm; 12:25pm to 2pm; 2:35pm to 4pm or 4:25pm to 5pm to use the website

Bowland North, seminar room 10

Hear from our expert historians about how the First World War affected people living in Lancaster. You can also drop in during the day to use an interactive website which allows you to find out who from your neighbourhood died in the Great War.

The literature of the Lake District How were Lancaster and other areas represented?

Talk - 2pm to 2:20pm Drop in - 11am to 12pm; 12:25pm to 2pm; 2:35pm to 4pm or 4:25pm to 5pm to use the website

Bowland North, seminar room 10

This exhibition demonstrates a website where you can explore a large collection of literature on the Lake District, allowing you to ask what writers have said about different places. The demonstrations will be accompanied by a talk on Lake District writing.

Capacity: 60

Writing lives – making a living as a writer

3pm to 4pm

Bowland North, seminar room 12

Join a panel of published, celebrated writers including Courttia Newland and Jenn Ashworth for a lively discussion about their writing lives. Discover what it's really like to make a living as a writer.

Capacity: 20

Breaking the law

11:15am to 12:15pm; 12:45pm to 1:45pm; 2:15pm to 3:15pm; 4pm to 5pm Bowland North, seminar room 14

Join in an interactive session on the facts and myths of the legal world. Examine the causes, and consequences of criminal behaviour and learn about some of the key issues in crime, punishment and the English legal system. You'll also get a taste of life in a law school.

Capacity: 20



Out of the mouths of babes... psychology taster

11:45am to 12:45pm; 1:45pm to 2:45pm; 3:45pm to 4:45pm

Bowland North, seminar room 15

Ever wondered what it would be like to take a psychology degree at Lancaster? Join in this lecture taster session and find out about the strategies we learn in childhood and beyond which enable us to survive and thrive as human beings in the complex world around us.

Capacity: 20



Stayin' Alive: Hands only CPR

11:30am to 12:15pm; 12:30pm to 1:15pm; 2pm to 2:45pm; 3pm to 3:45pm; 4pm to 4:45pm Bowland North, seminar room 20

If someone collapses suddenly, stops breathing and is unresponsive, they may be in cardiac arrest. Calling 999 and performing Cardiopulmonary Resuscitation (CPR) until the ambulance arrives could save their life. Find out how to perform 'hands-only' CPR with experts from the University Hospitals of Morecambe Bay NHS Foundation Trust and our medical students and then try it for yourself.



Public lectures mini series

All lectures take place in the Elizabeth Livingstone Lecture Theatre,

Bowland North

A selection of our top researchers are giving short lectures to showcase the wide variety of teaching and learning that takes place on our campus. You're bound to learn something new and amazing at every single one of these talks!

Capacity: 148

Battle of the Sexes: Leadership in the 21st Century

11:30am to 12pm

Dr Valerie Stead - Management Learning and Leadership

This public lecture explores the issues that make leadership a battleground between men and women. It examines what makes these issues so difficult to tackle and looks at how education and research at Lancaster University is working to effect change at the top.

A 'battle' or a 'journey'? Metaphors for cancer, and why they matter

12pm to 12:30pm

Professor Elena Semino - Linguistics and English Language

A fascinating lecture on the different metaphors that are used to talk about cancer in today's world. Professor Semino will show how metaphors can be both helpful and harmful, depending on how they are used, and how they can be exploited for the benefit of patients in healthcare.

How research on fruit flies is helping us understand human brain ageing

12:30pm to 1pm

Dr Susan Broughton

Biomedical and Life Sciences

This lecture will reveal details of work at the forefront of ageing research. Dr Susan Broughton will explain how her research is helping to find therapeutic drug targets that could delay or slow ageing-related declines such as dementia in humans.

Should we be worried that young people are accessing on-line pornography?

1pm to 1:30pm

Dr Mark Limmer - Health Research

"On-line porn is turning children into sex attackers" – This headline from the Daily Mail in June 2013 highlights the public concern about the impact of pornography on young people. Dr Mark Limmer's lecture will draw on the available evidence to reflect on whether this concern is justified and proportionate. Parental discretion is advised.



'Magnetic trees' cut the dust in Lancaster

2pm to 2:30pm

Professor Barbara Maher - Lancaster Environment Centre

"BBC experiment leaves drivers stumped" said the Lancaster Guardian; come and hear for yourself how roadside trees can cut the amount of hazardous particulate pollution you breathe in every day.

What is the rule of law and why do people keep talking about it?

2:30pm to 3pm

Professor Christopher May - Politics, Philosophy and Religion

The 'rule of law' is an often-used term in politics, in the media and in society more generally; if only we really knew what it meant. This talk explores how we can understand what the rule of law might be and why so many people want to appeal to it.

The amazing properties of graphene

3pm to 3:30pm

Dr Edward McCann - Physics

Meet the thinnest material in the world: graphene. As thin as a single atom. Stronger than steel, but still bendy. Transparent and able to conduct electricity better than copper. This talk explores the origins of graphene, its remarkable properties and potential uses, and its connection to Lancaster University.

'Destroy America': investigating tweeting terrorists with forensic linguistics

3:30pm to 4pm

Dr Claire Hardaker – Linguistics and

English Language

This talk introduces forensic linguistics, a field that looks at the intersection between language and the law. We then look at two cases of 'Twitter terrorism' and consider how forensic linguistics can help.

What's in your TV screen?

4pm to 4:30pm

Dr Verena Gortz - Chemistry

There are three well-known states of matter – solid, liquid, and gas. But did you know there's also a fourth state, the liquid crystal state? This talk will describe the fascinating properties of the liquid crystals we all use every day, in our LCD TVs, mobile phones and laptops.

THE PETER SCOTT GALLERY, JACK HYLTON MUSIC ROOMS & AROUND

Memorabilia exhibition

All day - 11am to 5pm
The Peter Scott Gallery

Flick through this display of memorabilia representing University life over the past 50 years, including alumni and student publications, photos and other artefacts.

Live at LICA's exclusive autumn season preview

All day - 11am to 5pm Jack Hylton Music Rooms

Grab yourself a free cuppa at Live at LICA's Pop Up bar in the Jack Hylton Music Room and relax with regular live acoustic music sessions and a slice of cake.

Turn your stories into instant songs

All day - 11am to 5pm

Outside the Peter Scott Gallery

Magical songmaker Pete Moser from More Music will turn your stories into instant songs. Share your thoughts and hear them turned into comic calypsos, rambling reggae grooves, rock 'n' roll dance numbers and folk ballads. The aim is to make a record and sing every 45 minutes!

The Wishing Tree

All day - 11am to 5pm
Outside the Peter Scott Gallery

Make a wish! Join LICA PhD student Hyeyoung Maeng to create the Lancaster University 50th Anniversary Wishing Tree. Explore Young's beautiful 'big bracelet' artwork, make your own wish and add it to the tree. Watch as the wishes blossom throughout the day!



Make a musical instrument

All day - 11am to 5pm

Outside the Peter Scott Gallery

Discover how to upcycle items to create a variety of musical instruments, such as yoghurt pot shakers and tissue box guitars.



A **Pawsport activity** – see page 4 for details

LANCASTER SQUARE & THE LITTLE BIG TOP

ScareBot All day - 11am to 5pm Outside Refuel

Meet ScareBot. He's an interactive digital scarecrow designed with the help of the children of Wray village, following the collaboration between the University and the villagers in relation to the provision of broadband. Find what happens when you send him a text message...

Think you know what constitutes a healthy diet?

All day - 11am to 5pm

Little Big Top, Lancaster Square

Test your knowledge by guessing how much fat, sugar and salt are in everyday food stuffs in this session run by Lancaster Medical School and Our Lady's Catholic College. Learn how to measure your pulse and use a stethoscope to listen to your heart. Then discover what happens to your heart when you exercise.

Chas Jacobs workshop All day - 11am to 5pm

Little Big Top, Lancaster Square

Join local artist Chas Jacobs at a fun workshop for children of all ages. Using oil-based pastels, work with Chas to develop colourful scenes inspired by the local area and the events at the Community Activities Day.

O to 12 Years (Approx.)

Also in Lancaster square...

We've a host of fun activities including giant inflatables, a bouncy castle, face painters and lots more.

Bonington Bear portrait gallery All day - 11am to 5pm

Little Big Top, Lancaster Square

Are you a mini Van Gogh, Picasso or Da Vinci? Try your hand at sketching Bonington Bear and test your knowledge of famous artists with our artist-themed word searches.



A Pawsport activity - see page 4 for details

Showcase of the Formula Student race car

All day - 11am to 5pm

Lancaster Square

Are you a budding Lewis Hamilton? See the Formula Student race car and hear how it's made!

Sex & Bugs & Rock 'n' Roll All day - 11am to 5pm Lancaster Square

Discover the fun side of ecology

with our team of enthusiastic young ecologists at our wildflower meadow stall. Find out how to identify animals by what they leave behind, discover the hidden world





Make a bird feeder with the RSPB All day - 11am to 5pm

Lancaster Square

Make sure feathered visitors to your garden are well looked after this autumn by making your own suet bird feeder. RSPB staff will also be on hand to answer your nature-related questions and suggest ways that you can get closer to the variety of wildlife that's just on your doorstep.

COUNTY BAR (THE NORTHERN OAK)

Cafe Conversations: Based on the Cafe Scientifique format, join our researchers to discuss some of the most significant and topical debates of the day. Grab a coffee from County Bar and feel free to drop in on these sessions, ask questions of our academics and researchers and make a contribution to the kind of informal discussion that carries research forward.

Capacity: 60

My genes made me do it? Dr Mairi Levitt

12pm to 1pm County bar

Should your genetic make-up affect your responsibility for violent crime? Sentences have been reduced in some cases for those with a common gene variant that has been dubbed the 'warrior' gene. Are genes different from other factors that affect behaviour, like family background or peer group? Are genetic defences a threat to a legal system that treats people as autonomous actors?

Ebola – is it coming here? Dr Derek Gatherer

1pm to 2pm County bar

A few weeks before Christmas 2013, people in a small West African village in Guinea started to die of a mysterious and horrific illness. It soon became clear that the dreaded Ebola virus was to blame. Affected countries are struggling to contain the disease - so what can be done to halt the spread? Should we provide untested experimental medicines and vaccines to the people of Africa and elsewhere?

Feeding nine billion people without trashing the planet Prof. Bill Davies

2pm to 3pm County bar

One of the main challenges facing the human race is how to feed the planet's population of nine billion, expected by 2030. An estimated 50 per cent increase in food production will be necessary, but, with climate change and extreme weather, just increasing production will not be enough. How can we survive whilst also protecting sensitive environments and biodiversity and reducing greenhouse gas emissions and use of valuable resources?

Shale gas: energy salvation or fracking nightmare? Alan Webster

3pm to 4pm County bar

Can UK energy policy keep the lights on, reduce fuel poverty and contribute to keeping the world below two degrees of warming? 'Fracking' has emerged as an apparent silver bullet solution to this energy 'trilemna'. It promises large benefits but what of its potential environmental, social and health costs, where should it take place, and who should benefit financially from it?

COUNTY SOUTH LECTURE THEATRE & PDR

Hear the history, anecdotes, moments to remember and characters that have made Lancaster University what it is today, through this series of talks from some diverse and inspiring speakers. All talks will take place in County South Lecture Theatre.

Capacity: 140

Recollections of Lancaster: The journey to 2014 - Marion McClintock, Honorary Fellow and University Archivist

11:30am to 12pm

An unmissable insight into the origins of the University, its colleges, staff, research and student life.

The bands that played Lancaster Barry Lucas, 1971 Graduate and First Social Manager for Lancaster University

12:30pm to 1pm

Barry will share his reminiscences of the haloyon days of the gigs he booked including The Who, Pink Floyd and Paul McCartney and share his anecdotes of what turned out to be a who's who of rock music.

Common man to Ironman - Andy Holgate, Assistant University Librarian 1:15pm to 1:45pm

What makes a sedentary librarian jump feet first into the Lycra world of an Ironman triathlon? Award winning author Andy Holgate shares some of his experiences from his time swimming, cycling and running in arguably one of the world's toughest one day events.

Echoing through the ages: The student voice at Lancaster - Ben Matthews, Deputy Chief Executive of Lancaster University Students' Union and Ronnie Rowlands - Vice President (Communications)

2pm to 2:30pm

Lancaster University Students' Union has been an integral part of student life since 1967. Find out more from Ronnie and Ben about the role the Union has had both on campus, in town and more recently with our overseas partnerships.

The collegiate life Roger Gould, Principal of Pendle College

2:30pm to 3pm

Lancaster is one of only a handful of Universities in the UK to have a collegiate system. With nine colleges in total, each has its own distinctive character and community. Having first been appointed Principal of Pendle College at the end of the last century, Roger offers his unique, and often humorous, insight intob college life at Lancaster.

From Lancaster to Westeros - Roger Ashton-Griffiths - actor, Game of Thrones

3pm to 3:30pm

What was it like to work with Terry Gilliam, Matt Damon and Heath Ledger? Or spend time sightseeing with Tom Cruise? Acclaimed actor, Roger Ashton-Griffiths (Music graduate 1978), will talk about these and other stories from a successful career, including his current role as Mace Tyrrell in the HBO Series Game of Thrones.

Everest, peak of achievement Sir Chris Bonington, Chancellor of Lancaster University

3:45pm to 4:45pm

Reaching the highest point on Earth requires teamwork of the highest level. Chris Bonington, mountaineer and Chancellor of Lancaster University, describes the leadership and motivational skills which were so important in at last reaching the summit of Everest in 1985 at the age of 50.

A showcase of campus facilities

All day - 11am to 5pm

County South Private Dining Room (PDR)

From award winning new buildings, state of the art sports facilities, delicious locally sourced food, guest rooms and function spaces, photography and print services to our Ofsted Outstanding Pre-School, we offer a variety of facilities for the community to enjoy. Join us to find out more and win some great prizes.

SPORTS CENTRE AND PRE-SCHOOL

Our Sports Centre is offering a variety of free activities and taster sessions throughout the day. All participants should wear suitable sports clothes and shoes for the activities.

Football fun 12pm to 2pm

3G pitch

Fun activities based around football for children ages 6 to 14 years (free water bottle for all participants). Please meet at the 3G pitch 10 minutes before the session is due to start (from the Sports Centre, cross the main drive and use the footpath to walk to the sports pitches on the far side of Green Lane)



6 to 14 Years (Approx.)

Tag Rugby 2pm to 4pm

3G pitch

Fun activities based around tag rugby for children ages 6 to 14 years (free water bottle for all participants). Please meet at the 3G pitch 10 minutes before the session is due to start (from the Sports Centre, cross the main drive and use the footpath to walk to the sports pitches on the far side of Green Lane).

Capacity: 40

8 to 14 Years (Approx.)



Try the Trim Trail 1pm to 2pm; 3pm to 4pm.

The Sports Centre

Learn more about the concept and development of the Trim Trail and how to get the best out of it with a session led by our fitness instructor. (Please meet at the Sports Centre Reception 15 minutes before the start of the session)

Capacity: 20

Free badminton, table tennis and tennis at the Sports Centre

All day – 11am to 5pm. The Sports Centre

Try your hand at some free sports sessions.

All equipment supplied. (Please visit the Sports
Centre reception to book a suitable slot.)

Free swimming at the Sports Centre 4pm to 6pm

The Sports Centre

Drop in for a free swim. The normal child admission policy applies.



50 years of exercise classes

1pm to 1:55pm - 1960s Drill class - Sports Hall 2pm to 2:55pm - 1970s Popmobility - Sports Hall 3pm to 3:55pm - 1980s Aerobics - Studio 4pm to 4:55pm - 1990s Step - Studio 5pm to 5:55pm - 2000s Zumba - Studio

The Sports Centre

Enjoy the mass participation class of the time, from a highly regimented drill session from the '60s through to the expressive Latino moves of Zumba in the noughties. Suitable sports clothing and footwear to be worn with nonmarking soles.

Capacity: 60



Free tours of the **Sports Centre**

All day - 11am to 5pm The Sports Centre

Pop into the Sports Centre reception at any time to book a tour.



Teddy Bears' picnic 12pm to 2pm

Pre-school Centre

bears' picnic. There'll be nibbles and drinks and lots of fun and games for little ones and their furry companions. 🏂





Campus tours

Tours depart on the hour and half hour from 11am to 4:30pm

Alexandra Square, near the Library

Explore campus from the point of view of our students. Our Student Ambassadors will lead tours around the site, giving you an insight into life on campus. Tours last up to 45 minutes.

A trip up Bowland Tower

Tours depart on the hour and half hour from 11am to 4:30pm

Alexandra Square, near the foot of Bowland Tower

If you've never seen the view from the top of Bowland Tower you're really missing out. Take the lift up to the top floor and take a look across the Bay and beyond.

Tomorrow's Heritage? An architectural tour of the University Campus

2-3pm - Alexandra Square, Chaplaincy Building and Ruskin Library

3-4pm - Bailrigg House and gardens and the LICA building

4-5pm - Buildings of interest to the south of Alexandra Square

Tours meet in the Biology Lecture Theatre

Three guided tours will focus on the architectural diversity of Lancaster University campus. Each tour will begin with a short illustrated talk on the historical development of campus, before taking one of the three above routes. The tours have been developed by Architectural Historian Matthew Hyde. Local tour guide Peter Wade will also be contributing to the event. Full details are available at www.lancaster.ac.uk/rhc

Sustainability tour: explore our green campus

11am to 11:30am; 12pm to 12:30pm; 1pm to 1:30pm; 2pm to 2:30pm; 3pm to 3:30pm; 4pm to 4:30pm

Alexandra Square, near WH Smith

Get an insight into the hidden energy sources of the University. Learn about how we are becoming greener with a tour of our biomass boiler, high efficiency gas boilers, combined heat and power (CHP) unit and cold water storage.

Take a woodland walk

11am to 12:45pm; 1pm to 2:45pm; 3pm to 4.45pm.

The Sports Centre

Learn more about the concept and development of the walk and some of the trees, plants and wildlife that you might see along the way. (Please meet in the Sports Centre reception 15 minutes before the start of the walk). Suitable for pushchairs.



INFORMATION FOR ALUMNI AND FORMER STAFF

There are a number of events of specific interest to former students and staff taking place on campus as part of the day's activities.

For Physics graduates 11:30pm to 2:30pm

Faraday Lecture Theatre, The Faraday Building

A special event for all those who have had or still have anything to do with the department. Alumni, ex-staff, current staff and students will be attending. A series of four talks and reminiscences will be held, with lunch provided. Prior booking online is advised at: www.50yearsphysics.eventbrite.co.uk

For first graduating students (1968 or earlier)

11am

Bowland Bar

An opportunity to meet informally for morning coffee in Bowland Bar. Prior booking online is advised at: **www.firstgrads.eventbrite.co.uk**

For History graduates 2pm to 3:30pm

Lancaster University Management School, Lecture Theatre 10

A roundtable discussion exploring how teaching and research in History has changed since 1964, with the current Head of Department, Professor Andrew Jotischky, and Professors Stephen Constantine, Michael Mullet, Eric Evans, Jeffrey Richards, John Brooke and Dr Michael Winstanley. If you wish to attend it's advised that you email Catherine Winterburn beforehand at c.winterburn@lancaster.ac.uk

Grand Alumni Reunion

The Great Hall will be the venue of the Grand Alumni Reunion taking place from 6:30pm. Strictly ticket holders only.



IMPORTANT INFORMATION

Welcome points

There are two welcome points where you can find out more about what's happening on the day, sign up for some tours and activities, get directions and much more. These are the Learning Zone, just off Alexandra Square, and the LICA building at the north end of Campus.

Help and information

Our friendly volunteers are wearing red 'Love Lancaster' t-shirts. Please ask one of them if you need help, directions or information.

Feedback

We would be grateful for your feedback on our Community Activities Day. Please pick up a feedback form to let us know your thoughts and drop it in a feedback box or give it to a member of staff when completed. Respondents will be entered into a prize draw so make sure you complete one!

First aid

First aid is available at the Learning Zone and LICA welcome points. If you require an ambulance please dial 999 or 444 from any internal telephone which will connect to security staff, alternatively contact a member of staff.

Fire alarms

All buildings have fire detection equipment and fire alarms. If you hear a continuous bell please evacuate the building by the nearest exit and move away from the area. University staff will take control of the emergency.

Travelling by bicycle

The cycle route starts from Heysham/Morecambe through Lancaster to the University. Open access cycle parks are located around the University campus.

Minibuses

Free minibus services will run between the Sports Centre, LICA Building and the Chaplaincy Centre (near to the Learning Zone) and around the perimeter road throughout the day.

Travel and parking

Car parking is free on the Community Activities Day. Staff will be on hand to direct you to an available parking space and offer assistance with directions. Designated parking is available for Blue Badge holders. Attendants will be able to direct you to these as you enter campus.



Travelling by public transport

Buses 2, 2A, 3 and 4 run regularly from Heysham/Morecambe and Lancaster city centre to the University.

The nearest train station is Lancaster, situated in Lancaster City Centre. For train times, visit National Rail Enquiries.

Lost children

Please keep children under close supervision at all times. Wrist bands where you can write the contact details of the parent or guardian will be available for children from the welcome points. In the unfortunate event that you get split up from your family please contact a member of staff.

Toilets and baby change facilities

Toilets and baby change facilities are located across campus and are marked on the map.

Smoking

It is prohibited to smoke in any University building. Smokers are requested not to smoke directly outside a building adjacent to the entrance or adjacent to the windows of rooms in which people work or in any substantially enclosed area i.e under the canopies. Electronic cigarettes and 'vapes' are prohibited wherever smoking is prohibited.

Dogs

Dogs and any other domestic animals, are not permitted in University buildings or grounds. The only exception to this is assistance dogs.

Filming and photography

Filming and photography will be taking place on site for use in future Lancaster University communications.

Lost property

If you find any lost property please advise a member of staff. All lost property will be stored at the welcome points in LICA and the Learning Zone. If, after your visit, you think you have lost something please email anniversary@lancaster.ac.uk

Nursery Room

A visitors room is available in County College residences for mothers who would prefer a private space for nursing their infants. Please ask a volunteer for details

eating, drinking & shops ...

The following venues are open from 10:30am to 5pm:

Street Food in Alexandra Square

Hot food and drink

Refuel at County

Meals, drinks and snacks

The Lounge

Our flagship restaurant

The Northern Oak: County Bar

Costa Coffee, snacks and drinks and where you can try our 50th Anniversary ale

The Trough of Bowland: Bowland Bar

Pies and pints

The Deli

Our new fresh and healthy food and coffee outlet

Café Republic

Café of the future. See page 8 for details

Subway

National sandwich chain

Ketchup

The Sultan Indian Restaurant

Blackwell's

Specialist bookseller

Locations are shown by numbers on the map on pages 2 and 3





















Lancaster University, Bailrigg, Lancaster. LA14YW

Email anniversary@lancaster.ac.uk Call 01524 592646

www.lancaster.ac.uk/50



Lancaster University has made every effort to ensure that the information in this brochure was correct when published. Please note that the nature of the content means that it is subject to change from time to time and you should therefore consider this information to be a guide rather than definitive.