Lancaster University Centre for Ageing Research  
Town and Gown Event – Thursday 27th September 2018  
Banqueting Room, Lancaster Town Hall,  
Dalton Square, Lancaster, LA1 1PJ  

Ageing and Technologies for Health

We all see amazing examples of technology designed to support our health featured on news programmes or TV documentaries, and we are aware that developments in such technologies are happening very fast. But what impact could they have on us as individuals, how do we know what’s useful and what we could do without, and more importantly, how could we get hold of the best of it and use it to support our ability to stay well and independent into older age? At Lancaster University, we work closely with external partners researching into a range of topics– from detecting changes in your everyday movements that could mean you are at risk of a fall, to helping you monitor your memory or fitness, to supporting care and companionship and to enabling links to your family and friends or GP.

Timed to coincide with the development of the Health Innovation Campus (HIC) in Bailrigg, the event will feature talks from researchers and people who are using new technologies, and also a showcase with some examples for you to experience. Come and discover what the future holds, and explore ways to get involved yourself.

Attendance at this one day event is free but places are limited, so you MUST register for a place at this event. The event starts at 9.30am, with registration from 9am, and finishes at 4.45pm.

To reserve your place to attend please e-mail Jan Lyons at: c4ar@lancaster.ac.uk  
Alternatively you can telephone Jan on: 01524 593309