ATLANTES Research Programme:
Human dignity, advanced illness and palliative care
WE ARE...

- A stable research programme approaching palliative medicine from the social sciences and humanities perspectives, based on the University of Navarra, Spain.
• Part of a broader Research Institute:

ICS
Universidad de Navarra
Institute for Culture and Society
WE ARE...

• Research centre for **humanities and social sciences**, characterised by **internationality, interdisciplinarity** and **rigour** in its methods and performance.

• In the search for answers to some of the principal **challenges of today's world**.

• Outstanding **Research Areas**
  • Poverty and development
  • Education on affectivity and sexuality in children
  • Palliative Care
  • Public Discourse
  • Religion and Civil Society
  • Culture and Emotions
We are an interdisciplinary team based in Pamplona, in an attempt to combine several knowledge disciplines so as to enrich research with the diverse social sciences approaches.

- Medicine
- Nursing
- Sociology
- Politics
- History
- Bioethics
Besides, we count on a wide net of internal collaborators including professionals of the following faculties and disciplines of the University of Navarre:

- Clinic University of Navarra
- Nursing and Medical faculties
- Communication
- Education and Psychology
- History
- Geography
- Economics
and a net of external collaborators from different countries and disciplines that contribute to a more comprehensive and international
• to disseminate the essential and highly **human value of palliative care** in the society and in the professionals.

• to **improve the understanding towards patients with non-curable illnesses** both in the medical field and in the society, from a dignity-based perspective, and including accompaniment and respect for the natural course of the disease, and to its emotional and spiritual dimensions.
We try to realise these work lines, teaching and social impact in the manner of an *academical institution*. All of it, in a consistent way with the institutional features and *christian identity* of the University of Navarra, and with a clear wish of *cooperating* with international institutions working with similar and different objectives.
1. The **intangible** aspects of palliative care
2. Global **PC development**
3. The **message** of palliative care
1. INTANGIBLES

SOME intangible aspects of palliative care:

• gratitude
• the relationship between patient and nurse
• the dignity therapy’s effect
• the ethical dilemmas in clinical practice

HISTORICAL BACKGROUND of Palliative Care
2. GLOBAL PC DEVELOP

- The monitorisation of palliative care development across Europe is the main sub-project within this line.
- Collaboration in an European project on Integrated palliative care (InSup-C)
- Advise on other Atlas-similar studies for diverse regions (Arabian countries, Latinamerica, Africa, etcetera.)
3. MESSAGE

• We study the circulating message in media, work on the design of positive contents for a new message. Within this line, various studies on medical education are being carried out.
3. MESSAGE

A message also for professionals:

Studies on Medical Education in PC

- EUROPEAN MEDICAL EDUCATION RANKING
- IMPACTUS
- REFLEX
- MUSEUM
Some relevant articles

2016

- Comoretto N. Encuentros de ética clínica en medicina paliativa. Revista Persona y Bioética. Accepted March 2016

- Siouta N; Karen van Beek; Nancy Preston; et al. Towards Integration of Palliative Care in Patients with Chronic Heart Failure and Chronic Obstructive Pulmonary Disease: A Systematic Literature Review. BMC Palliative Care. Accepted with minor revisions

- Karen Van Beek; Naouma Siouta; Nancy Preston; et al. To what degree is palliative care integrated in guidelines and pathways for adult cancer patients in Europe: A systematic literature review. In review process in BMC Palliative Care.

- Carrasco JM, García M, Navas A, Olza I, Gómez B, Pujol F, Garralda E, Centeno C. Coverage in written media on Palliative Care in Spain. PlosOne [In review process]

2015


Books


• Pastrana, T; Lima, L. de; Centeno, C; Wenk, R; Eisenchlas, J; Monti, C; Rocafort, J. *Atlas de Cuidados Paliativos en Latinoamérica*. Houston: IAHPC Press, 2012.


Latest book chapter

Courses and seminars 2016

- Qualitative Course 2015-2016: An introduction to qualitative data analysis. Pamplona,
- Curso Avanzado de Formación de Profesores de Cuidados Paliativos Madrid
- CICELY SAUNDERS, THE PERSON, LIFE AND WORKS, An international Simposium
Internal seminars

- *Palliative Care: the Passion and the Politics* by **Katherine Pettus**, International Association for Hospice and Palliative Care

- *Facing Death and Rediscovering Spirituality: Exploring Historical Traditions to Inform a Model of Spiritual Care for Palliative Care Practice in India*, by **Hamilton Indabas**, miembro del Glasgow End of Life Estudies Group e investigador asociado del proyecto Global Interventions at End of Life
ATLANTES Lectures

- Compassion in Palliative Care. Bringing an abstract concept into professional daily practice and into academic publications

Philip Larkin
President of the European Association for Palliative Care
• Atlantes attempts to involve society in generating knowledge and transferring the research results so as to **improve the lives** of individuals.

*Our challenge!*
• To transfer proposals to citizens
• To inspire them so that they can make better decisions in their lives and in the public sphere
  – Communications: news, articles, web, videos, social networks, presence in the media, etc.
  – Conferences for general public
  – Didactic materials
  – Reports
  – …
A couple of examples for videos:

- [https://www.youtube.com/watch?v=4LKNkHGOWOA](https://www.youtube.com/watch?v=4LKNkHGOWOA)
- [https://www.youtube.com/watch?v=anEpoSXfb2w](https://www.youtube.com/watch?v=anEpoSXfb2w)
THANK YOU FOR YOUR ATTENTION!!
ccenteno@unav.es

Further information on the ATLANTES programme at: