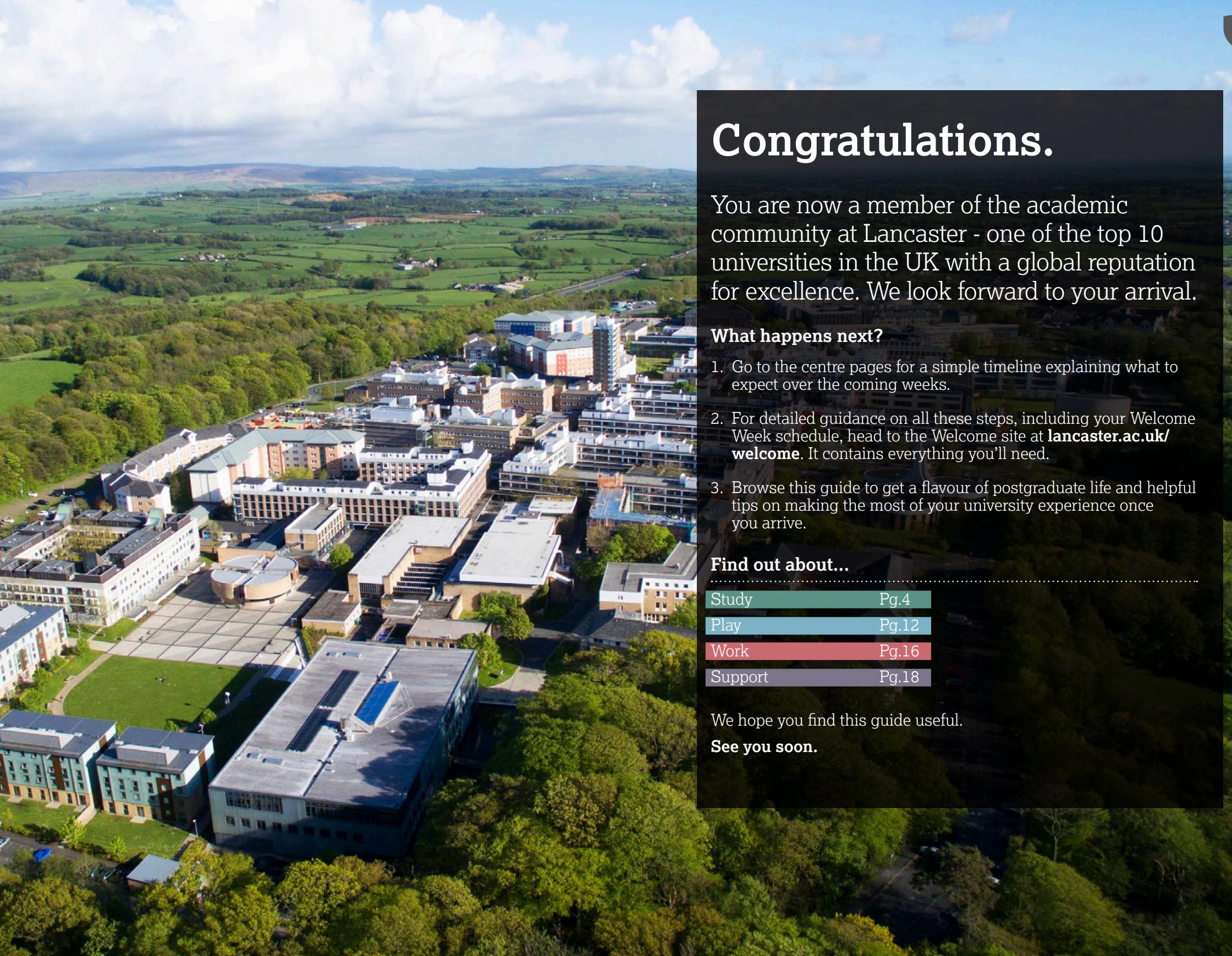


You  
made  
it.



---

**Welcome to Lancaster University**  
Your guide to postgraduate life 2017–2018



# Congratulations.

You are now a member of the academic community at Lancaster - one of the top 10 universities in the UK with a global reputation for excellence. We look forward to your arrival.

## What happens next?

1. Go to the centre pages for a simple timeline explaining what to expect over the coming weeks.
2. For detailed guidance on all these steps, including your Welcome Week schedule, head to the Welcome site at [lancaster.ac.uk/welcome](http://lancaster.ac.uk/welcome). It contains everything you'll need.
3. Browse this guide to get a flavour of postgraduate life and helpful tips on making the most of your university experience once you arrive.

## Find out about...

Study	Pg.4
Play	Pg.12
Work	Pg.16
Support	Pg.18

We hope you find this guide useful.

**See you soon.**

# Study.



#1

UNIVERSITY  
LIBRARY IN THE  
UK AS RATED BY  
STUDENTS



1,500+

ACADEMIC  
STAFF



83%

OF RESEARCH  
IS INTERNATIONALLY  
EXCELLENT AND  
WORLD LEADING



300,000+

AVAILABLE  
eBOOKS



1,100+

COMPUTERS  
AVAILABLE  
FOR USE ON  
CAMPUS



## Welcome to our academic community

Lancaster is a unique environment for postgraduate study. Learn how to make the most of the features that make us different.



### The best in research and teaching

Lancaster is one of just seven UK universities to achieve both a Gold Award for teaching excellence and a Research Excellence Framework score greater than 3.1. Our world-leading teaching and research go hand-in-hand, offering benefits to both taught and research postgraduate students.

[Find out more about support and opportunities available to you on page 6.](#)



### Talent and career development

Our commitment to Doctoral Training Centres represents a new approach to postgraduate study, while world-leading academics offer academic leadership and guidance. All postgraduates can also access lifetime support from our expert careers service.

[Find out more about career guidance on pages 24–25.](#)



### Facilities tailored to you

We recognise that postgraduates have unique study needs. That's why we created postgraduate-specific areas in the Library, the city centre and within the postgraduate accommodation. In total, we have invested more than £500m in our campus buildings and facilities since 2003.

[Find out more about study spaces on page 9.](#)



### Our collegiate system

Lancaster is one of a small number of leading UK universities to operate a college structure. All our postgraduate students are members of Grad College - a community developed to cater for your needs and encourage collaboration with your peers.

[Find out more about your college and what it offers on pages 10–11.](#)



# Develop your studies

Make the most of personal guidance from world-leading academics and regular opportunities to share knowledge.

## Department and faculty guidance

Lancaster University consists of four faculties and 28 departments. They all offer personal support and guidance from academics who help make Lancaster one of the world's elite universities. Your department will advise you on the system they have developed for your programme.

## Learning development

The Library's academic services team offers subject-specific guidance on making the most of resources at the University's Library – rated number one in the UK by students.

The Library also offers research advice and training aimed specifically at postgraduate students. It covers key areas such as copyright, disseminating research and measuring impact.

## Share knowledge

World-leading figures from academia and industry contribute to a busy lecture schedule at Lancaster. Our postgraduates have the opportunity not only to attend, but to take part by sharing their own work.

### Postgraduate research conference

Taught and research postgraduates are invited to attend the annual Postgraduate Research Conference – an opportunity for the community to share ideas, make connections and develop presentation techniques.

### New Café

Researchers at Lancaster also have a monthly opportunity to share their work at the New Café. In an informal setting, students learn how to pitch their research to different audiences and receive feedback from other researchers from different disciplines.



[lancaster.ac.uk/learning-skills](http://lancaster.ac.uk/learning-skills)



# Research excellence

You are a member of an academic community where 83% of research is internationally excellent or world-leading. Here are a few of our latest academic projects to hit the headlines.



## Fighting food shortages

Researchers led by Lancaster's Professor Stephen Long discovered a way to boost food crops by increasing levels of proteins involved in photosynthesis.

## Alzheimer's breakthrough

A Lancaster team has helped develop a treatment that could block the development of Alzheimer's disease using microscopic droplets of fat.

## Time transformed

Professor Panos Athanasopoulos helped discover that language has such a powerful effect, it can influence the way we experience time and estimate its passage.



## Comic art

Renowned graphic novelist and critic Benoît Peeters was appointed as the UK's first professor of graphic fiction and comic art.

## A galaxy long, long ago

Lancaster-led astronomers looked 11 billion years into the past to discover giant halos around early Milky-Way galaxies.



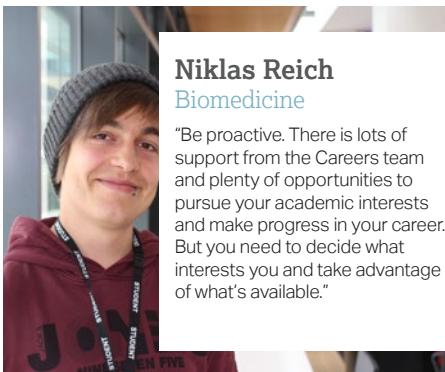
# Insider advice

Postgraduate students from across the University share their tips for making the most of your programme at Lancaster.



**Yanisa Thanoomrod**  
Diplomacy and Foreign Policy

"If you want academic support, make an appointment to see your faculty's Learning Developer. I wanted to be sure my style of writing would be right for Lancaster and the UK, so I asked and they gave me really useful advice."



**Niklas Reich**  
Biomedicine

"Be proactive. There is lots of support from the Careers team and plenty of opportunities to pursue your academic interests and make progress in your career. But you need to decide what interests you and take advantage of what's available."



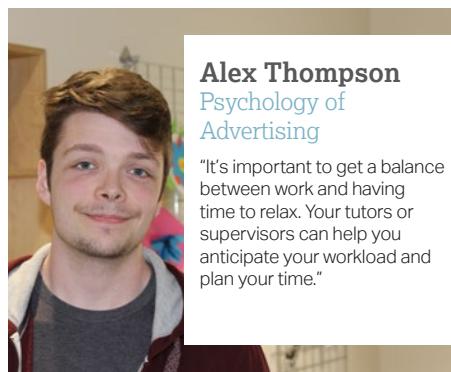
**Mike Ryder**  
English

"My advice is to take full advantage of all the things that are on offer, from day trips and public lectures, to classical concerts in the Great Hall. Not only will you broaden your horizons, but you'll also get to meet some great new people from all over the world."



**Priya Maria Thomas**  
Social Psychology

"I would definitely encourage all postgraduates to get involved in Grad College social activities. It gives you a chance to meet people outside your department and bridges the gap between disciplines."



**Alex Thompson**  
Psychology of Advertising

"It's important to get a balance between work and having time to relax. Your tutors or supervisors can help you anticipate your workload and plan your time."



**Monica Giraldi**  
Arts Management

"If you have a group project, the social hub in Grad College is a great option. You don't feel like you are disturbing anyone. Being in the college also makes you feel a part of a community rather than being on your own."

# Your study spaces

As a postgraduate you have a range of spaces to choose from including dedicated postgraduate study areas in the Library, city centre and Grad College.

## Choose the right study space for your needs



**Library**

Dedicated postgraduate study area, individual study spaces and bookable group work areas.

Open 24/7 during term time.



**The Storey**

Postgraduate-only study space in city arts centre. Group and individual study spaces. Presentation facilities and Wi-Fi.



**Grad College**

Postgraduate study space that neighbours campus accommodation.

Individual and group study spaces.

## Insider advice

### Access eBooks and digital resources

A huge range of library content is available to access from your phone, tablet or laptop.

### Sign up for skill sessions

Check out a wide range of free training and support on the Learning and Skills Development website at [lancaster.ac.uk/learning-skills](http://lancaster.ac.uk/learning-skills)

### Ask your department

Office space may be available for research students.

### Use PC Labs

A range of PC Labs are available on campus. Most are accessible 24/7 using your University Card.



## Want to know more?

Attend an Introduction to IT and the Library talk on Tuesday of Welcome Week.

Visit [lancaster.ac.uk/welcome-week](http://lancaster.ac.uk/welcome-week) for more details.

# Grad College

Every postgraduate at Lancaster can rely on the support of Grad College - a close-knit community that offers events and opportunities sure to enhance your university experience.

Lancaster is proud to be one of only a handful of UK universities to have a collegiate system. We have nine colleges in total; eight for undergraduates and one exclusively for postgraduates. Take a look at how Grad College can support you.



[lancaster.ac.uk/colleges/graduate](http://lancaster.ac.uk/colleges/graduate)



## Facilities

Grad College has been designed specifically to meet the needs of postgraduate students. Its accommodation is located in a quiet area of campus, with its own dedicated study and social hub. This recently refurbished space is ideal for group and quiet study as well as taking a break to play pool, darts or table tennis. The Grad College Bar, the Herdwick, is nearby and is known for its traditional pub atmosphere and range of local beers. A Grad College PC Lab is also available 24 hours a day, and students have the option to use a city centre study space (see page 9). All facilities are available for those who live on or off campus.



## Personal assistance

Every student can find personal support in their college. You will be able to call upon a friendly support network that includes student reps, your College Manager and a Wellbeing Officer. Your college support team can refer you to specialist support services if needed and will also liaise with academic departments on your behalf. A Buddy Scheme is also available to those coming from overseas. Current postgraduates contact international students before they arrive to answer any questions and then help them to settle in.



## Supporting your studies

Not only will Grad College help you focus on your academic work by providing dedicated study space. It will also encourage you to develop and share it through academic events.

New Café is a monthly college event where students can share their research and receive input from other postgraduates from a range of disciplines, and each year the college also hosts Lancaster's Postgraduate Research Conference (see page 6). Some travel support is also available to fund trips to external conferences.



## Inter-college competition

Friendly rivalries are a key feature of college life, played out through numerous competitions and sporting events. Grad College has its own sporting teams including football, netball and darts.



## Social activities

Grad College regularly organises day trips to locations across the UK, including major cities and rural beauty spots. Quizzes, music events and arts activities are also a regular feature of college life, while the year climaxes with a summer festival.



## Representation

Elected postgraduate students form the Grad Board. They represent the interests of all postgraduate students and work together on social, sporting and welfare activities.

## Want to know more?

Grad College arranges a series of social and induction events throughout Welcome Week. Visit [lancaster.ac.uk/welcome-week](http://lancaster.ac.uk/welcome-week) for more details

# Play.



**6TH IN  
THE UK**



**9**

FOR OUR  
SPORTS  
FACILITIES



**50**

TEAMS REPRESENT  
LANCASTER IN THE  
ANNUAL ROSES  
TOURNAMENT



**14**  
**4 VENUES**

IN OUR OWN  
CUTTING-EDGE  
INSTITUTE FOR  
CONTEMPORARY  
ARTS



**200+**  
**UNION-  
AFFILIATED  
SOCIETIES**



## Sports and societies

Look forward to elite level sports facilities and a huge variety of teams and societies to choose from.

### Get competitive

If you want to play sport then there are lots of different ways to get involved.

Lancaster provides the unique chance to compete for your college in inter-college competitions, play Inter-Varsity (BUCS) fixtures against other UK universities or take on the University of York in front of big crowds in our annual Roses tournament.

### Have fun

If competitive sport isn't your thing, look out for loads of recreational sporting activities that take place throughout the year.

### Activities and interests

Whatever you're into, you're bound to find like-minded people at Lancaster, where you can pick from more than 200 societies affiliated to Lancaster University Students' Union.

### Want to know more?

Free Sports Centre taster sessions are available throughout Welcome Week, while the Freshers' Fair is the perfect way to meet sports teams and societies.

Visit [lancaster.ac.uk/welcome-week](http://lancaster.ac.uk/welcome-week) for more details.

### Facilities for all



a sauna and a steam room



a physio/sports injuries clinic



an eight-lane, 25m  
swimming pool



a fitness suite with  
a 100-station gym



an 8.5m climbing wall



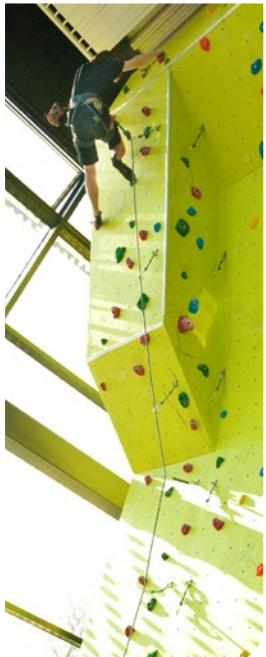
a 3G artificial pitch



eight tennis courts



11-hole golf course



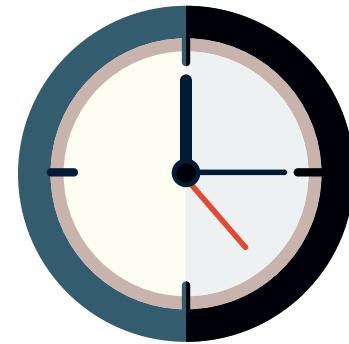
[lancaster.ac.uk/sport](http://lancaster.ac.uk/sport)  
[lusu.co.uk/societies](http://lusu.co.uk/societies)

SportLancaster

@SportLancaster



## Need more information?



Here's your countdown to  
**Welcome Week**

## Got a question?

thebase@lancaster.ac.uk

+44 (0) 1524 592525

@Lancaster\_Help



**7** weeks to go  
14–20  
August

**6** weeks to go  
21–27  
August

**5** weeks to go  
28 August–  
3 September

**4** weeks to go  
4–10  
September

## Confirm your accommodation

If you haven't already done so, make sure you confirm your place on campus or arrange private accommodation in the area. Lancaster University Homes is our own scheme that lists all houses, halls and apartments approved by us.

[lancaster.ac.uk/accommodation](http://lancaster.ac.uk/accommodation)

### I need to...

ensure I have my accommodation arranged.

## Received your place after the start of the timeline?

Don't worry. You'll still receive all the prompts to complete the same steps. Just a little later.

## Register online

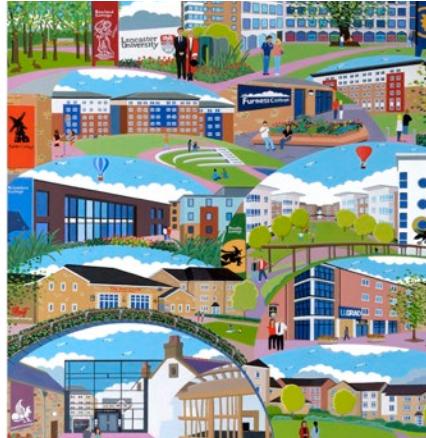
An email will invite you to begin online registration about a month before your course begins. You will then complete registration during Welcome Week.

## Say hello to your union

Once you have registered online, you can expect to receive an email telling you all about Lancaster University Students' Union. They'll stay in touch throughout the countdown.

### I need to...

complete the online registration.



**3** weeks to go  
11–17 September

**2** weeks to go  
18–24 September



**1** week to go  
25 September–  
1 October

**It's** 2–8  
**here** October

## Say hello to your department

By the end of this week, your department will have been in touch to offer you its congratulations and welcome to the programme.

Some departments will have needed to contact students earlier in the summer.

### I need to...

read through the information and complete any actions requested.

## Say hello to your college

You are a member of Grad College. You will receive a welcome either through the post or via email this week. If you will live on campus, you'll also be told important information such as what size bedsheets you need. All students will also be told how to pay a small one-off college fee that goes towards welfare, events and entertainment.

### I need to...

begin planning what to pack and pay the college fee.

## It's time to go

Campus residents should be ready to move in on Saturday 30th September or Sunday 1st October from 10am.

## Welcome Week

Get settled in through a week-long schedule of social activities and academic inductions. You'll find details in your welcome schedule available at [lancaster.ac.uk/welcome-week](http://lancaster.ac.uk/welcome-week)

### I need to...

plan my journey and make the trip to Lancaster.

### I need to...

visit the Welcome Week schedule for details of all my events. And have fun.

# Eat and drink

Choose from dozens of places to eat and drink, including cafés, restaurants and college bars.



## Start exploring

Lancaster has nine college bars on campus plus a range of other social spaces. There are also plenty of University-owned cafés and award-winning restaurants, as well as a host of independent outlets and franchises.

For after hours, the Lancaster University Students' Union offers student nightclub the Sugarhouse: Lancaster's biggest and best venue. There are also plenty more bars, restaurants and nightclubs in the city centre.

## Insider advice



Four ways to have fun for less:

### Get a Purple card

Lancaster's own student discount card will save you money on campus, in the city and online.

[purple.lusu.co.uk](http://purple.lusu.co.uk)

### Free theatre and music tickets at Lancaster Arts

Sign up as a Lancaster Arts Under 26 Supporter and be eligible for free theatre and concert tickets throughout the academic year.

[lancasterarts.org/students](http://lancasterarts.org/students)

### Join the Campus Life Points Scheme

Scan your Lancaster Card to collect points at University food and drink outlets then treat yourself once you've built up enough.

[lancaster.ac.uk/eat/lancastercardloyalty](http://lancaster.ac.uk/eat/lancastercardloyalty)

### Follow Lancaster Campus Life

Get all the latest offers by following  
[facebook.com/lancastercampuslife](http://facebook.com/lancastercampuslife)



[lancaster.ac.uk/eat](http://lancaster.ac.uk/eat)

LancasterCampusLife

@LUCampusLife

lancastercampuslife

# Retail and culture

Lancaster Arts brings cutting-edge culture to campus, while Lancaster city offers a mix of history and tradition.



## Arts and theatre

Lancaster University is a vibrant cultural place with a nationally acclaimed programme under the banner of Lancaster Arts.

Our venues - The Great Hall, The Peter Scott Gallery and Nuffield Theatre - are at the heart of the cultural quarter on campus and bring you the best in visual and performing arts from across the globe.

There are opportunities for students to connect with artists and get involved which adds to the vibrant and creative Lancaster experience.

The town hosts popular jazz music festivals in the autumn and in the city centre you'll find Lancaster Castle, the city's museums plus Lancaster Grand Theatre and The Dukes cinema and theatre.



[lancasterarts.org](http://lancasterarts.org)  
 [lancasterartsUK](http://lancasterartsUK)  
 @lancasterarts



## Retail therapy

Lancaster city centre has many of the major shops, as well as lots of independent stores and boutiques. Meanwhile, the shops of Manchester, Preston and Liverpool are all just short trips away.

The campus also boasts supermarkets and general stores, two banks, a Post Office, pharmacy, seven launderettes, a hairdresser, a book shop and a travel agent.



## Lancaster and beyond

Explore your city and what the rest of the region has to offer

[lancaster.ac.uk/explore](http://lancaster.ac.uk/explore)





# Work.



£1.5M

WORTH OF PART-TIME  
EMPLOYMENT  
FOR OUR STUDENTS  
HANDLED BY OUR ON-  
CAMPUS RECRUITMENT  
SERVICE EACH YEAR



3

MAJOR  
CAREERS FAIRS,  
ATTRACTING  
TOP GRADUATE  
EMPLOYERS



97%

OF OUR GRADUATES ARE  
IN WORK OR FURTHER  
STUDY WITHIN SIX  
MONTHS OF GRADUATING



TOP 15

IN THE UK FOR  
GRADUATE  
EMPLOYMENT  
PROSPECTS

## Prepare for success

Preparing for life beyond university is an important part of being a Lancaster student. The Careers team works with employers, the Students' Union, colleges and academic departments to support you every step of the way.

### We can help you to...



#### Get your perfect postgraduate job

It's never too soon to start exploring your options through our wide range of career activities. Register at [lancaster.targetconnect.net](http://lancaster.targetconnect.net)



#### Develop your skills

We offer bespoke workshops for postgraduate students on career planning and job search, applications, interview skills and assessment centres.



#### Gain relevant work experience

Completing work experience while at university can be very beneficial to your career. Come and talk to us about opportunities including company insights, internships and placements.



#### Find part-time work while you are studying

The Employment and Recruitment Service is our own professional recruitment agency run by the University for undergraduates, postgraduates and graduates. It can help you find part-time work during your time at Lancaster.



#### Meet recruiters

We run a range of careers fairs throughout the year – the Autumn Careers Fair will be the first big one after you arrive – and we host employer presentations and workshops throughout term-time. More opportunities are available through faculties and colleges.



#### Earn a Lancaster Award

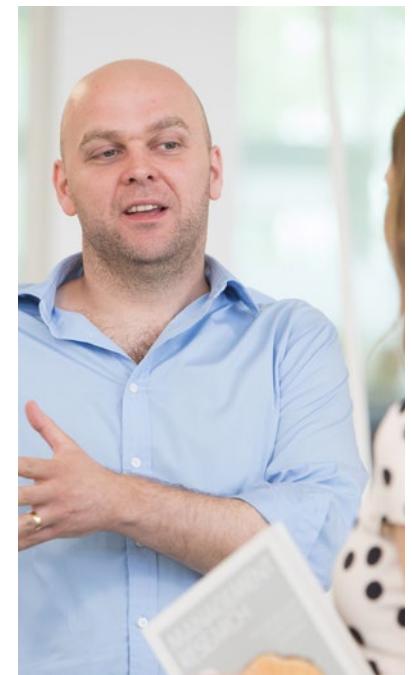
Achieving The Lancaster Award is a major advantage when applying for jobs or further study. You can complete the award by participating in activities such as campus events, college activities and work experience. Register through the Student Portal.



#### And pretty much anything else that will help you achieve your ambitions

If you need one-to-one advice simply book a consultation with the Careers team.

**HELLO  
FUTURE**



[lancaster.ac.uk/careers](http://lancaster.ac.uk/careers)



LancsCareers

# Support.



1-STOP

STUDENT  
ENQUIRY DESK  
PROVIDED BY  
THE BASE



24/7

COLLEGE PORTERS  
PROVIDING SAFETY,  
SECURITY AND  
FRIENDLY SUPPORT  
THROUGHOUT TERM

LLGRAD

1

POSTGRADUATE  
COLLEGE DESIGNED TO  
CATER EXCLUSIVELY  
FOR YOU



1 TO 1

APPOINTMENTS  
OFFERED BY TEAMS  
SUCH AS THE DISABILITY,  
COUNSELLING AND  
VISA AND IMMIGRATION  
SERVICES



## Student services

Postgraduate study can be challenging so make sure you know how to access dedicated support.

### The Base

The Base is your one-stop enquiry desk – if you need advice, check with them. The staff on the desk are your gateway to specialist support in a range of areas. They are located in Alexandra Square next to the Library and can help with issues such as:



#### Money

Advice is available on all aspects of student funding, financial awards and budgeting.



#### Visas and immigration

The Base can arrange appointments with our experts in the Visa and Immigration team.



#### Academic matters

Get guidance on academic records, enrolment and exam-related issues.



#### Disability

All students with declared disabilities including dyslexia can receive support from our dedicated team.



#### Wellbeing

A team of Counsellors and College Wellbeing Officers can provide confidential support.



#### Documents

Visit the Base to request documents such as confirmation of study and council tax exemption.



#### Spiritual wellbeing

Our campus has a multi-faith Chaplaincy Centre, with facilities for the Baha'i, Buddhist, Christian, Hindu and Jewish faiths. There are also Islamic prayer rooms in Ash House



#### Nightline

Lancaster Nightline is a listening and information service run by students, for students. All calls are confidential and anonymous. Call **01524 594 444** or email [nightline@lancaster.ac.uk](mailto:nightline@lancaster.ac.uk) during term-time from 10pm-8am



#### Accommodation

The Accommodation Services team can assist with on- and off-campus accommodation, and Grad College has a dedicated Accommodation Manager. Visit [lancaster.ac.uk/accommodation](http://lancaster.ac.uk/accommodation)



[lancaster.ac.uk/student-based-services](http://lancaster.ac.uk/student-based-services)



LancasterSBS



@Lancaster\_Help

# Welcome to your union

Everything your students' union does contributes to one big vision: inspiring and supporting you to love Lancaster.

## Visit your students' union

Based in Bowland College, Lancaster University Students' Union offers services crucial to the Lancaster experience. Feel free to drop in to see them. Their student-run welcome desk is open six days a week.

## Representing you

Lancaster University Students' Union is an independent charity that represents all Lancaster students. You will have the chance to choose fellow students to lead the union as officers or act as your departmental reps.

[lusu.co.uk/represent](http://lusu.co.uk/represent)



## Get involved

Your union offers a range of volunteering opportunities, including environmental, community and school-based projects. There are also opportunities to volunteer overseas, and every year the union helps hundreds of students learn skills to help them set up and run their own businesses.



## Education and support

The union offers students free academic and welfare advice from a team of professional advisers. Support is available either face-to-face or via email and Skype, weekdays between 9am and 5pm.

[lusu.co.uk/advice](http://lusu.co.uk/advice)

## LUSU Living

Some Lancaster students choose to live off campus. Lancaster University Students' Union provides a managed accommodation service to help.

[lusu.co.uk/living](http://lusu.co.uk/living)



[lusu.co.uk](http://lusu.co.uk)

[LancasterSU](#)

[@LancasterSU](#)

# IT access and support

At Lancaster you'll have access to a wide range of IT services. We'll also provide you with the support and training you need to make the most of them.

## Get connected

### Wi-Fi

Laptops and mobile devices can be connected to the secure eduroam Wi-Fi service across campus.

### ResNet

If you live on campus, you can use the Residences Network (ResNet) wired connection in your room for high speed access to the web and other IT services.

### iLancaster mobile app

Our free mobile app, iLancaster, gives you University services on the go, including maps, live bus times and personal timetables for those with taught sessions.

Visit [lancaster.ac.uk/welcome](http://lancaster.ac.uk/welcome) for more details.

## Get support

IT services at Lancaster are provided by Information Systems Services (ISS). If you need support you can:

- Search for solutions at [answers.lancaster.ac.uk](http://answers.lancaster.ac.uk)
- Visit the Learning Zone Support Desk
- Call the desk on 01524 510987
- Email on [iss@lancaster.ac.uk](mailto:iss@lancaster.ac.uk)



## Insider advice

Before you arrive you will be asked to register online. This will give you a University Account and access to a range of IT services.

### Get free software

As a Lancaster student there's a range of software you can install at no cost, including Office applications and antivirus software.

[software.lancaster.ac.uk](http://software.lancaster.ac.uk)

### Access software on demand

Apps Anywhere enables you to access a range of University software on Windows PCs and laptops without the need to install it.

[appj.lancaster.ac.uk](http://appj.lancaster.ac.uk)

### Get your info in one place

The Student Portal provides you with easy access to your University email, course and exam timetable, and modules.

[portal.lancaster.ac.uk](http://portal.lancaster.ac.uk)

### Develop your digital skills

Use free training sessions and workshops to help you improve your digital skills.

[lancaster.ac.uk/iss/training](http://lancaster.ac.uk/iss/training)

### Use assistive technology

Support is available to help overcome difficulties in accessing resources or using IT.

[lancaster.ac.uk/iss/accessibility](http://lancaster.ac.uk/iss/accessibility)

[lancaster.ac.uk/iss](http://lancaster.ac.uk/iss)

[@ISSLancaster](#)

# Health facilities

A doctor, dentist and pharmacy are all available on campus.



[lancaster.ac.uk/health-services](http://lancaster.ac.uk/health-services)

## Health Centre

You must register with a doctor. Most students choose our on-campus Health Centre. The practice also has a surgery on King Street in Lancaster city centre.

## Pharmacy

We have a pharmacy in the centre of campus that can provide advice and dispense prescriptions.

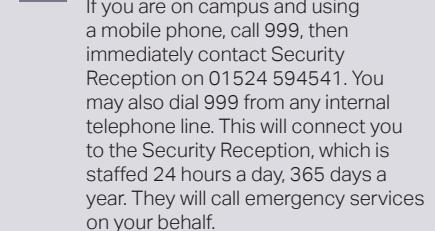


## Dental clinic

Our on-campus dental clinic offers DENPLAN-accredited private treatment.

## Emergencies

If you are on campus and using a mobile phone, call 999, then immediately contact Security Reception on 01524 594541. You may also dial 999 from any internal telephone line. This will connect you to the Security Reception, which is staffed 24 hours a day, 365 days a year. They will call emergency services on your behalf.



# Travel advice

Our campus has excellent transport links, with the highest bus frequency of any UK campus university and quality off-road cycle routes.

## Getting here

For detailed instructions on how to reach campus by road, rail and air, visit [lancaster.ac.uk/travel](http://lancaster.ac.uk/travel)



## Getting around



### Buses

There are regular bus services from campus to the city centre and beyond, as well as hourly services from campus to Preston and Blackpool.

[lancaster.ac.uk/  
bus-travel](http://lancaster.ac.uk/bus-travel)



### Cycling and walking

There are numerous cycle racks around campus, and most colleges also have secure cycle stores. It takes 15-30 minutes to cycle to the city centre.

[lancaster.ac.uk/  
cycling](http://lancaster.ac.uk/cycling)



### On campus

Get your bearings and find facilities by using the campus map. You can access it on iLancaster (see page 29) or at the following link:

[lancaster.ac.uk/  
campus-map](http://lancaster.ac.uk/campus-map)

## Insider advice

How to make the most of transport links at Lancaster:

### Save money

UniRider bus season tickets are good value. You can buy them from the Students' Union Welcome Desk in Bowland College.

### Never miss your bus

Bus timetables are available on the iLancaster app, and there are display screens in Alexandra Square and the Underpass showing live departure times.

### Bike sales and maintenance

There will be a second hand bike sale on campus on the first two Thursdays after Welcome Week and a weekly bike maintenance service all year round.



## Want to know more?

Attend a Transport and Environment Talk on Tuesday of Welcome Week.

Visit [lancaster.ac.uk/welcome-week](http://lancaster.ac.uk/welcome-week) for more details.



---

Lancaster University, Lancaster, LA1 4YW  
T: +44 (0)1524 65201  
[lancaster.ac.uk](http://lancaster.ac.uk)