Common Purpose
Frontrunner in association
with Lancaster University

Course Evaluation Report

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Participant Feedback

All Frontrunner participants were asked to complete an end of course assessment survey. This section outlines some of the key findings and comments about their programme experience.

99% of survey respondents would recommend Frontrunner

“Fantastic opportunity not to be missed! You make friends, learn valuable skills and gain a network.”

“Fantastic and very worthwhile. I would look to spread the word of this course and other similar courses. I would offer something similar to my own employees if I owned a business.”

“It will make your perspective on many things shift, it will make you feel confused and excited at the same time. Sign up!”

“This course is really worthwhile. You get life changing advice and opportunities.”

94% developed their team working skills

“It was enlightening and enriching to work with a small, capable and intimate group in a way that could actually have some impact. The environment was very stimulating and although we had time constraints, we were able to focus and come up with a solution we were happy with.”

“I loved the practical visit and working in a team.”

“I became more confident to speak out to people and more tolerant of other people’s opinions.”

93% developed their ability to communicate and engage with people

“My public speaking has improved. I gained insights from professionals.”

“I have developed confidence, leadership, and strength of character. Also the appreciation of others and trust in others.”

“I have improved my confidence and communication skills, patience, listening to others, presentation skills and teamwork.”

Participants debating during the ‘Diversity’ exercise
Other key learning points

94% gained a more outward looking perspective

“Thank you for such a fantastic course and opportunity; I have learned so much and feel very inspired.”

“Brilliant course from start to finish, great variety of activities and lots of opportunities to engage and reflect.”

“It is a really good challenge to learn more about yourself and the environment around you.”

95% became more confident in engaging with different cultures and diversity

“The chance to talk about opinions was interesting.”

“I think I have more rediscovered skills and confidence I used to have as well as discovering the true power of diversity.”

89% are more confident in adapting to new environments and challenges

“I went to the challenge visit feeling very apprehensive but returned feeling like I had achieved a personal goal, great!”

“Tackling the challenge was really good and it also offered me a new way of thinking.”

On this course, we also found that:

93% are ‘personally inspired to take risks and make change’
90% have ‘identified new leadership opportunities’
90% have ‘improved their listening skills’
89% have reported ‘greater confidence in their leadership ability’
89% have ‘accepted more responsibility for themselves’
88% have developed their ability to ask ‘effective questions’
87% have ‘improved their problem-solving skills’
86% have developed in confidence to ‘make contacts and network’
86% have ‘increased confidence in making their own decisions’
85% are ‘more aware of opportunities in the local community’
84% have developed ‘effective planning to reach specific goals’
83% ‘better understand the city where I am studying in’
83% have ‘grown more confident speaking in front of a group’

Contributor feedback

“I found the session very interesting and most of the questions were very well thought through. Clearly you have a smart set of students!”

Paul Fletcher MBE, Managing Director, UCFB Wembley Ltd

“It was a pleasure to help the students and I enjoyed listening to their feedback. They had some good ideas which I plan to look into over the coming months.”

Mark Langstaff, Store Manager, Booths

“It was a pleasure working with your students – they were attentive, interested, enthusiastic and addressed the challenge very well.”

Suzanne Lodge, Chief Officer, Health and Housing, Lancaster City Council
Networking

Unexpected

Of Contract

Funds