Innovative Stochastic Modelling and Optimisation for the Design of Modern Clinical Trials

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Queueing Theory Workshop Obergurgl, December 18–20, 2017

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## **Traditional Clinical Trials**

 Two treatments: control (existing one) and novel (not approved yet)

Is the novel treatment better than the control?
 if not enough evidence, it will not be approved!

- The gold standard design: randomised controlled trial
   50% vs 50% fixed equal randomisation of T patients
   avoids all types of biases
   in use since 1948 (advocated since Hill 1937)
- Its main goal is to learn about treatment effectiveness with a view to prioritising future outside patients

## **Clinical Trials**

- Problems with randomised controlled trial
  - $\triangleright$  cost: 20% error of not approving a better treatment
    - development and approval processes: \$ billions
  - Faith: once approved, no (simple) way to retract the treatment
    - worse treatment approved by 5% chance
    - unforeseen long-term secondary effects
  - Feasibility: requires hundreds of patients for a trial
  - stationarity: approval process takes years
    - inappropriate for new diseases and epidemics
  - ethics: patients join a trial expecting to get a possibly better (unapproved yet) treatment

### **Multi-Armed Bandit Problem**



### Multi-armed Bandit Model

Maximise healing of patients in the trial

optimally solving learning/earning trade-off
 learning takes place during the trial

The multi-armed bandit motivated by clinical trials
 Thompson (Biometrika 1933), Robbins (1952), etc.

- Bandit models are a type of response-adaptive design
- Appropriate model: finite horizon
  - can't be optimally decomposed!

### Bernoulli Two-Armed Bandit Model

- Finite horizon: T sequentially arriving patients
- Two-armed: treatment A or B for each patient
- Binary endpoints: success (1) or failure (0)
- Let X<sub>t</sub> and Y<sub>t</sub> denote patient t's response from treatment A and B respectively (for t = 1,...,T). Then,

 $X_t \sim \text{Bernoulli}(1, \theta_A)$  and  $Y_t \sim \text{Bernoulli}(1, \theta_B)$ ,

where  $\theta_A$  and  $\theta_B$  are the unknown success probabilities of treatments A and B respectively

#### **Bayesian Approach**

- Beliefs  $\widehat{ heta}_A$  and  $\widehat{ heta}_B$  to be updated over the trial
- Prior Distribution for  $k \in \{A, B\}$ :  $\hat{\theta}_k \sim \text{Beta}(s_k^0, f_k^0)$ where we take  $s_k^0 = f_k^0 = 1$  (uninformative)
- Posterior Distribution: After observing sk successes and fk failures on treatment k, the posterior distribution is represented by another Beta distribution (by conjugacy)

$$\widehat{ heta}_A \sim \mathsf{Beta}(s^0_A + s_A, f^0_A + f_A)$$

# **Optimal Design using DP**

- We use dynamic programming (DP) to obtain an optimal adaptive treatment allocation sequence
- Optimal in the sense of maximising the expected total number of successes in the trial
- Specifically, we use backward induction algorithm
- Let  $\mathcal{F}_m(s_A, f_A, s_B, f_B)$  be the expected total number of successes under an optimal policy after m patients
- Using 4-dimensional state space  $(T^4)$

## **Optimal Design using CRDP**

• Practical problem? deterministic, underpowered, etc.

**Example.**  $T = 75, \ell = 0.15T, \theta_A = 0.2, \theta_B = 0.6$ 

p	Bias	MSE	Power	EPS	On sup
60%	0.002	0.005	0.935	43.7%	59.1%
70%	0.002	0.007	0.910	47.3%	68.2%
80%	0.005	0.009	0.834	50.9%	77.2%
90%	800.0	0.013	0.724	53.6%	84.0%

### Simulation Results: Designs Comparison



# Conclusion

- We need to talk to statisticians and clinicians about bandit models
  - give me randomisation probability and desired power
    I tell how to randomise to heal most patients
- Trials of the 21st century
  - stratification of patients to achieve personalised treatments
  - involvement of patient opinions in drug development
     decision-making based on small samples

### Julia Programming Language

My experience for MDPs and DP: huge improvements

▷ e.g. R: could run up to T = 200: 25min, 12GB array
▷ Julia: could run up to T = 360: 1min, 12GB array
▷ Julia: T = 200: 10sec, 3GB array

• More improvement possible with a few tricks

Julia: could run up to T = 900: 20min, 25GB array
 on a laptop with 16GB RAM!!!

#### Thank you for your attention

### ...and see you in Lancaster...

- The 7th meeting of the EURO WG on StochMod
- 13–15 June 2018, Lancaster Management School
- Become member at www.stochmod.eu it's free!

### ...or in Rotterdam...

- The (2nd) Workshop on Multi-Armed Bandits and Learning Algorithms
- 24–25 May 2018, Rotterdam School of Management