

# Desperately seeking careers: The plight of many PhD graduates

### Lynn McAlpine Lancaster, February 2018

## Explore ...

- Your career experiences
- Career trajectories: interaction of multiple factors
- What can we do?
- What are the research gaps?

## Your experiences: Questions

- What career<u>s</u> are you imagining/ did you imagine during the PhD?
- What factors do you think influenced your thinking?
- If you experienced changes in your thinking, why was that?
- How would you rate your knowledge of labour sectors, the jobs PhD graduates get, etc.? (1 excellent – 5 poor)
- Where do/ did you get your career knowledge?
- When, in your PhD, have you/ did you start thinking about your future career?

## Career trajectories and labour sectors

Labour sector	Permanence?
Academic	
Teaching-only: can do research 'on the side;' may involve Master's supervision	Yes often over time
Research-only: contracts, contingent work; <u>if fellowship</u> , then independence; for both, unlikely to teach but may informally supervise	No
Teaching-research: range of responsibilities related to teaching, research and service/administration	Yes after provisional period (4-6 years)
Academic professional: involves research or teaching support; may involve teaching	Yes usually
Private, public and para-public	
Professional: no research expected, but may do 'desk' research or 'evaluation' research	Yes often
Research professional: main responsibility research	Yes often

### Three cases: What strikes you?



#### Hannah Charles



# **Global trends**

- Societies need highly educated workers for global competitiveness
- Absolute number of grads risen steadily but number of academic positions has not .... 'a parking lot'? (Standford et al., 2009)
- Example: Canada
  - In 2012, 6600 PhDs graduated, but only 1,500 to 2,000 tenure-track positions (Chiose 2015)

### Post-PhD distribution: What's your guess? (OECD, 2011\*\*)

Country	Spain	Belgium	NetherInd	UK (2016)	US	Canada
			(14% unknown)			(2015)
All higher education (higher in SS, H)*	41%	43%	28%	29%	43%	36%
Private (higher in STEMM)	20%	33%	35%	29% science, 23% education, 12% health, 3% business, research & admin, 4% engineering	32%	57%
Government	36%	12%	3%		12%	6%
Para- public/NGO	3%	12%	18%		12%	0%
Researcher regardless of sector	60%	65%	62%	N/A	62%	N/A

\* Not just traditional teaching-research: alternate careers; portfolio positions
\*\* Categories not the same

# Discipline matters in and out of HE

Country/ disciplin e cluster	UK	Canada (educ. Positions; 4/5 in universities)	US	Cont. Europe, e.g., Austria (aver .in HE sector 25%)
Academic -related humanitie s/social sciences	68%: Research positions (15%); teaching positions (44%)	54-76% (no further breakdown)	2/3 of English, political science	49% (30% humanists; 19% social scientists)
Academic -related sciences	34-43%: Research positions (16- 27%); teaching positions (10- 17%	34-56% (no further breakdown)	1/3 of science, engineering and math	40% IT & engineering; 53% natural & medical sciences

Regardless of labour sector, social scientists find more opportunities in nonresearch occupations.

## State of play

### HE trends



- Temporary positions increasing, often linked to rise in research positions (Cantwell, 2011)
- Growth in post-PhD teaching-only posts (Bennett et al, 2017)
- Increase in academic professionals (Berman & Pitman, 2010)
- Other sectors, BUT data mostly private sector (Boulos, 2016; Cruz-castro & Sanz Menendez, 2005; OECD, 2013)
  - Private sector: no change in % of temporary positions; higher salaries than other sectors
  - Employers sceptical about added value unless have previous experience of PhD grads
  - Employers with R&D units seek PhD grads; in firms without R&D, jobs result from grads making the contact
- Mobility (OECD, 2013)
  - More frequent among PhD grads not in research (job-to-job)
  - International mobility and migration increasing over time



# So, that's post-PhD ...

• What's happening during the degree?



### Institution matters...

- Reputation of university impacts job attainment (Jackson & Michelson, 2015; McAlpine & Austin, in press)
- Generic skills training: but does it matter?
  - Little evaluation, but Jackson &
     Mickelson (2015) report lack of influence on post-PhD employment

### Department matters...

- Variation in explicit support for alternate careers (O'Meara et al., 2014; Thiry et al., 2015)
  - ➔ Legitimizing alternate careers
    - Promoting external internships
    - Providing networking (non-academic) opportunities
    - Career fairs, supervisory discussions, etc.
    - Supportive social and intellectual climate
    - Data on careers of PhD graduates

NB Students often assume academics not supportive of non-academic careers

## Day-to-day work environment matters

- Influences on interest in traditional academic post
  - Sustained motivation
    - Positive day-to-day intellectual and social climate; happy place to be
  - Reduced motivation
    - Negative day-to-day work environment; lack of collegiality and supervisory support
    - Dislike work pressures and total commitment that seniors experiencing





# Variation in agency during PhD

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- Engaging in job-search strategies substantially increases success in gaining prompt employment post-PhD (Jackson & Michelson 2015)
- Put off thinking about careers til end; 2/3 no systematic strategies (Thiry et al., 2015)
- Little use of career services (Vitae, 2012)
- PhD students wish for career preparation, but rarely engage in career-seeking strategies (McAlpine & Amundsen 2016)
- Agency: Goal setting, strategic thinking and action
  - Investing (or not) in creating the right profile during the PhD
  - Actively exploring (or not) alternate careers
  - Developing resilience: doing everything you can but accepting the influence of 'luck'
  - Adjusting goals in light of changing circumstance

#### Beyond work influences: The personal (McAlpine & Amundsen, 2016)

- Family relationships
  - Elderly parents, children, co-locating with partner
  - Financial concerns re family security
- Life goals
  - Desire for children
  - Child arriving: shift in priority
- Work-life balance
- Well-being
  - Relationship break-up
  - Chronic health issues
  - Stress, anxiety, burnout
- Personal values
  - Alignment with work
- Financial duress



### Nested contexts: What can we influence?



## Planning for after...

Post-PhD trajectories are built from the beginning of the PhD (Mangematin, 2000)

- What can departments do?
- What can students do?
- What can supervisors do?
- Break into pairs/ small groups: be prepared to name at least two things for each question



## Last thoughts

- No matter what people may say about "the system" being unsupportive, or plagued with ...power differentials ...each [of us] needs to acknowledge these barriers and move ahead with things ... This means focusing energy and getting things done, which is ultimately an individual effort. (Charles)
- Do we not owe individuals a more complete view of their careers to give them greater insight into how to develop, grow over time? (Khapova & Arthur, 2011)

## Researching the gap

- Non-academic careers of <u>graduates</u>
  - Under-employed, fully employed? What PhD learning is being used? What is missing?
  - Individual changes in employment: changes over time, gaps in employment, (ease of) shifts within and across sectors
  - Specific jobs and responsibilities within specific institutions and sectors
- <u>Employers</u> across non-academic sectors
  - Why are they(not) prepared to hire PhDs? What is value added?
  - What do PhDs do? Specific jobs and responsibilities in specific institutions and sectors