

7 Free time and entertainment

7.2 TWO WAYS OF EXERCISING

Examiner's task sheet

These two pictures show children doing some exercise. Compare and contrast them. Include the following points:

1. Why do you think their teacher or trainer chose these activities for them?
2. Which of them would you prefer and why?
3. How similar are these ways of exercising to the kind of exercise that you do?
4. What do you think they will do after they finish this activity?



Prompts for the interlocutor:

1. How do you think the children in the pictures feel about these activities?
2. How enjoyable / difficult / tiring / healthy are these ways of exercising?
3. What do you usually do in your PE lessons / training sessions?