Discover your world
Psychology

Psychology
Lancaster University
Psychology is a fascinating subject and one that I am incredibly passionate about. As the scientific study of the mind and behaviour, it allows us to continually push at the boundaries of understanding how humans behave, and to carry out research that impacts on society, enabling us to help people.

I’m proud of our Department - not just our rankings but the staff and students too. Part of my role as Head of Department is to recruit expert researchers who make a vital contribution to society. It is important to me that these people are also motivated to share their passion with students and are inspirational in their teaching.

My goal is to maintain our strong student outcomes and excellent teaching, and to grow the Department organically. The sense of community that the size of the Department enables is a key part of our identity and something that our students value. It is a supportive, open and friendly environment.

Lancaster is a great place to study and enjoy the experience of being a student. We hope that you’ll make lasting friendships, create special memories and develop life skills that will stay with you long after you graduate.

We’d love to welcome you to the Department.

Professor Kate Cain, Head of Department
#1
for career prospects after 6 months
(The Guardian University Guide 2020)

#6
in the UK for Psychology
(The Guardian University Guide 2020)

91%
students were satisfied overall
(National Student Survey 2018)

#9
in the UK
(Complete University Guide 2020)

Support for you

“...I started to feel homesick, which is a completely normal and common occurrence, so I emailed her. I wouldn’t have been able to do this if enrolment wasn’t automatic, because she had sent an email to each of her mentees, whether they had come to meet her or not. So, I got everything off my chest, which really helped me to feel better and in the end I felt more comfortable and at home being at university.”

As a student joining Lancaster’s Psychology Department, you’re automatically enrolled to the peer-mentoring programme. Personally, this helped me because I didn’t meet my mentor at first; I was doing fine during the transition from sixth form to university. However a couple of weeks in I started to feel homesick, which is a completely normal and common occurrence, so I emailed her. I wouldn’t have been able to do this if enrolment wasn’t automatic, because she had sent an email to each of her mentees, whether they had come to meet her or not. So, I got everything off my chest, which really helped me to feel better and in the end I felt more comfortable and at home being at university.”

Kate Rowley, 3rd year student

For more information, please visit www.lancaster.ac.uk/psychology
The place to be involved
Belong, Engage, Employ (BEE)

Your future is important to us. The BEE programme offers a range of activities designed to help you engage with opportunities outside of core teaching and enhance your employability when you leave us. Creating a sense of community is a key part of the programme.

Psychology Employability Programme (PEP)
You will be encouraged to apply for placements on this scheme which has been designed to give you the opportunity to gain relevant work experience by applying for PEP placements alongside your studies.

Some placements will involve working in the community with charities and organisations that support vulnerable individuals. Others will give you the chance to work as a research assistant alongside expert researchers in the psychology labs.

These roles are part-time and fit around your studies. This means that you can apply for more than one placement in each year of your degree, and by taking on different roles you will get a sense of how your future might look. Each placement will provide you with experience and/or skills that are valuable to both psychology careers and more general graduate level occupations.

Example placements
- Advocacy Focus – mental health volunteer
- Making Space Supported Housing – activity co-ordinator
- Alzheimer’s Society – community support volunteer
- Prison Care and Advice Trust – group facilitator
- National Autistic Society – research field worker
- Lancaster University – research assistant in neuroimaging/programming
- Lancaster University – research assistant in infant and adult language acquisition
- Lancaster University – research assistant in detecting deception
- Lancaster University – research assistant in infant eye tracking

Careers Cafes
Regular drop ins where you can seek expert guidance on matters such as work experience, postgraduate study, making career decisions, CVs/cover letters and job applications.

Brain Food
Monthly sessions that tackle a range of issues such as coping with exam stress, building confidence and resilience, and balancing work and study. These sessions are informal, relaxed and involve free pizza!

For more information, please visit www.lancaster.ac.uk/psychology
“I managed to get a placement as a research assistant in my first year at university, using virtual reality equipment to study perception. The academic who I work with in the lab is one of the first people I met at university when she did a taster lecture on my Applicant Visit Day – I was really interested in the subject and when I saw that work experience was available in the same area, I jumped at the chance! I came to university wanting to be a Clinical Psychologist, however because of how much I have enjoyed my placement, I would now like to pursue a career in psychological research. Keep your eyes open for opportunities and get involved!”

Jess Pepper, 2nd year student

Psychology Alumni Evening
An annual event in which our past students return to talk about their career progression. This is a great opportunity for informal networking, and to hear first hand about how other students have advanced their careers.

Psychology Connect
This scheme offers one day placements for those who can’t commit to undertaking unpaid voluntary work. It’s a great opportunity to see how your degree can be applied whilst expanding your network.

An experience for Brandon

Can you tell us about your own PEP placement?
Throughout the summer vacation and Year 2 of my course, I assisted in a research project in the Transcranial Magnetic Stimulation (TMS) Lab. I helped with recruitment of participants, engaging with participants in the experiment and even using the TMS equipment myself!

What skills and knowledge did you gain from the placement?
I was trained by experienced staff to use Transcranial Magnetic Stimulation (TMS) devices on motor cortex regions of the brain, which is incredibly exciting technology! Furthermore, I developed fantastic administrative skills and research experience. These helped me to obtain a paid research assistant role with a collaborative study on dyslexia and speech perception using TMS. The administrative experience also helped me to secure another paid role as the student administrative assistant for the PEP itself.

Outside of furthering my current employment, the training in TMS has also provided me with another unique opportunity: a scholarship award and research grant to conduct my very own piece of neuropsychological research. I can’t wait to get started on the project!

What would you say to students thinking about applying to PEP?
Apply. Just do it! I can say without a doubt that I thoroughly enjoyed my PEP placement throughout the year and the opportunities it has provided me went above and beyond what I had expected and hoped for when I first applied. PEP is all about gaining valuable and insightful experience, no matter where you wish to apply it.

Brandon O’Hanlon, 2nd year student

For more information, please visit www.lancaster.ac.uk/psychology
A role for me

My job as ‘BEE Ambassador’ is to help BEE run events for Psychology students. At the Careers Cafes, Dr Helen Nuttall and Heather Tomlinson (our Careers Consultant) answer any questions Psychology students may have about their future careers and plans, whether these queries are big or small.

I’ve seen students attend the Cafes not knowing which career path to take and leave feeling so much more confident. I myself have taken advantage of these Cafes, listening to the advice given to other students and asking questions whenever it wasn’t busy - there was no pressure at all!

The Brain Food lunches are really relaxed and we just take turns to talk about our experience in terms of the theme and Nikki and Helen give their expertise and resources to those who attend to help them. What’s great about the lunches (aside from the free pizza!) is that we get to hear from older and younger students and learn from each others’ experiences. For many of the students that attend, it’s a reassurance for them to know that they’re not alone in struggling with certain things and students can suggest future themes to discuss as well.

It was clear from the start that I was a part of something really great. Helping to organise and run BEE events not only made me more open minded to a different future career path, but it also gave me a front-row seat to the impact it made on the students who needed the most support. It has also been paid employment that I’ve been able to perfectly balance alongside my studies. A lot of students struggle to juggle academic work alongside paid work as outside employers can be inconsiderate of student work-loads but I haven’t had that problem at all. I think it’s great that the Psychology Department provides these opportunities to students and in turn, I’ve been really lucky to give the help back to other students. It’s safe to say, I hope BEE continues to run for many years to come.
Hello Future

Studying psychology will equip you with a range of transferable skills that are valued by employers. Our graduates progress on to varied careers within and beyond the field of psychology. As you settle in to your degree, you’ll get a feel for the scope of the subject and from day one you will be coached on valuable employability skills (such as CV writing, communicating with confidence and working in a team).

Skills developed through a psychology degree:
+ Communication
+ Literacy
+ Problem solving
+ Interpersonal skills
+ Critical evaluation
+ Information gathering
+ Independent working

To pursue a career in professional psychology such as clinical, educational and forensic psychology, postgraduate study is essential. A much larger proportion of psychology students choose to pursue other careers whilst still capitalising on the skills and knowledge gained through their degree.

Major employers of psychology graduates include:
+ Commercial and industrial companies
+ Financial organisations
+ Human resources departments
+ Local and national government
+ Marketing companies
+ The media
+ National Health Service
+ Police force, National Probation Service and prisons
+ Schools, sixth form colleges and further education institutions
+ Social services

A career for Nicola

Nicola Cook studied Psychology at Lancaster University as an undergraduate and went on to complete a Masters in Psychological Research Methods. Nicola now works as a research assistant for Pearson Clinical Assessment UK.

“My time studying Psychology at Lancaster has prepared me extremely well for my career! I was never sure exactly what I wanted to do after university but within a month of finishing my MSc, I secured a job in London which I love! I didn’t realise the value of everything I learnt at Lancaster until I had left. I am now 8 months into my job and I can see my skills being put into action. I am especially thankful to my PEP placement and the researchers who I worked with at Lancaster for allowing me the opportunity to develop these skills. Learning to code in R during stats, my knowledge of research methods and ethics, experience of research projects as well as the customer service skills I developed as a Psychology ambassador, have all been recognised by my colleagues and have put me in an advanced position to bring something unique to the team. I will always be grateful for the opportunities that studying at Lancaster gave me!

I currently work as a research assistant for Pearson Clinical Assessment UK, so I help develop and standardise clinical assessments which are used by psychologists in their research. They are also used a lot by occupational therapists, SENCOs and speech and language therapists in their work. It’s cool because I learnt a lot about assessments during my degrees and now I’m working in the team that publishes them.”
Different ways of learning

**Lectures**

Lectures provide an introduction to the key issues and findings in each topic and are delivered by an expert in that particular field. They typically last for an hour and you’ll be expected to supplement your lecture notes with further independent reading.

**Seminars**

Seminars are weekly one hour sessions where you will be encouraged to discuss your learnings with a small group of fellow students, under the guidance of a tutor. We encourage you to make the most of these groups by speaking out and listening to others. You will learn to increasingly present yourself with knowledge and confidence.

“...the key psychological research methods. You will also get hands-on experience conducting your own psychology experiments in small groups."

Jess Pepper, 2nd year student

**Practicals**

Practical classes are designed to help you discover the key psychological research methods. You will also get hands-on experience conducting your own psychology experiments in small groups.

**Assessment**

In 1st year, the assessment process varies across modules and includes essays, lab reports, class tests, regular web based assessments and end of year exams. The assessment methods used in 2nd and 3rd year help to develop transferable skills – for example, oral presentation, posters, media analysis and group work presentation.

**Study tips**

1. If you want to be an above average student, attend your seminars!
2. Don’t expect the University to organise your notes for you. Buy some folders!
3. Reading over something isn’t always enough. If you don’t understand it, you won’t remember it.
4. Most students avoid readings. Give yourself the advantage!
5. Structure your revision. You won’t make progress working on random pieces of work.

Sam Gittins, 2nd year student

For more information, please visit www.lancaster.ac.uk/psychology
Kiara Parkinson-Jones, 3rd year student

Can you tell us about your experience of being taught by active researchers?

Throughout my 3 years at Lancaster, one thing which has really stood out is how passionate the lecturers are about the areas they teach on the course. Their enthusiasm for their own research is expressed through their teaching, which makes you want to engage more with the wider literature. The lecturers will deliberately leave open questions within their lectures to encourage you to want to learn more. Furthermore, this passion also remains when delivering smaller teaching sessions, which encourages questions and spending time getting more in-depth with key research within their subject area. Staff are also willing to help you individually, for example, pointing you in the direction of relevant support for coursework or exams.

In what ways have the staff supported you?

Staff take the time to get to know you individually and you truly feel a part of the Department. Even from the undergraduate application stage, academics are keen to hear about your areas of interest and make you feel welcome. One lecturer who I met at my Applicant Visit Day in 2016 remembered me 3 years later when I took his module which demonstrates how much the Department gets to know you.

One particular person who played an important role was my academic tutor. From my first week, Helen was there to talk to about any potential problems I had academically, and was able to provide support, right through from settling in, to writing my reference for my next course. Having a member of staff who you meet with regularly does provide a key contact within the Department and also allows you to build a good working connection with staff who only have your best interests at heart.

Finishing your degree is a time of mixed emotions - how are you feeling now?

Honestly, now is a very bittersweet time. In some ways, I am happy that I have finished, as the past 3 years have been challenging, but have also provided me with many experiences which I will never forget. I also look forward to delving into something new, and using the skills I have learnt throughout my degree in a completely novel way. However, I know a part of me will always miss Lancaster, as the people I have met and the memories I have made will always remain a big part of me.

The place for me

For more information, please visit www.lancaster.ac.uk/psychology
A degree for you

BSc, BA, MPsych* and Study Abroad**
You will study the key themes of modern psychology:
+ Neuroscience: how the brain works, including how brain damage and disease may influence behaviour
+ Cognitive Psychology: how people perceive and think about the world
+ Developmental Psychology: how children develop their thinking and their social behaviour
+ Social Psychology: how people interact with and think about others

First year
In your first year, you will be given a thorough introduction to the theory behind the key themes which will be taught in the following order: developmental psychology, neuroscience, cognitive psychology, social psychology, then personality and individual differences. Each topic lasts for 5 weeks.

Statistics and research methods are taught alongside these topics. You will learn about the basics of good psychological research methods, the contemporary concerns affecting psychological research in the context of open science practices, and how you can ensure your research is in line with best practice.

The practical skills that you learn in conducting research in psychology will help you in your analysis of other studies and in your own research. You will be taught through a combination of lectures, seminar groups and practical lab classes.

Second year
As well as delving deeper into the topics introduced in Year 1, you will have an increased focus on research methods and statistics. The content of this year is important in ensuring British Psychological Society accreditation. You will be encouraged to work more independently in preparation for your own research project which you will start planning towards the end of the year.

Third year
In this year, you will carry out your own individual research project under the expert supervision of a practised researcher. This will allow you to put into practice all the skills that you’ve developed to date and pursue your own line of enquiry. In addition to the project, you will choose 5 modules from a wide range of optional modules. These 3rd year modules are subject to variation each year as we draw on the strengths of our academic staff and offer topics that reflect the latest advancements in psychology.

Example timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am</td>
<td>Development Psychology lecture</td>
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</tr>
<tr>
<td>10.00am</td>
<td>Development Psychology seminar group</td>
<td></td>
<td>Development Psychology lecture</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11.00am</td>
<td></td>
<td>Development Psychology lecture</td>
<td>Development Psychology seminar group</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12.00pm</td>
<td>Statistics lecture</td>
<td>Development Psychology lecture</td>
<td>Development Psychology lecture</td>
<td>Statistics lab</td>
<td></td>
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<tr>
<td>1.00pm</td>
<td>Research Integrity lecture</td>
<td>Research Integrity lab</td>
<td>Minor subject</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.00pm</td>
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<tr>
<td>3.00pm</td>
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</tbody>
</table>

Note: this timetable is an example based on the early part of the course where Developmental Psychology is covered and indicative of what you might reasonably expect a working week to look like.

For more information, please visit www.lancaster.ac.uk/psychology
MPsych

Our four year integrated Masters programme is accredited by the British Psychological Society (BPS) and has been specifically designed for those who wish to pursue a career in research. It is also suitable for people who want to earn an advanced degree to provide a competitive edge in the job market.

You will typically choose three advanced modules giving you the opportunity to specialise in key topics across different fields of psychology. These modules are taught by academic staff whose research is internationally renowned. You have complete freedom of choice so you can choose the modules that you feel are best suited to your interests. In addition to the modules, you will complete an in-depth and extended research project during your fourth year. By the time you complete your studies, you will have a deeper understanding of psychological science and the skills and knowledge required to conduct independent research.

Combined Degrees

In addition to our Psychology degrees, you can also combine Psychology with these subjects.

- BSc Hons* Biology with Psychology (Placement Year)
- BA Hons* Criminology and Psychology
- BSc Hons* Marketing with Psychology
- BA Hons Psychology and French Studies
- BA Hons Psychology and German Studies
- BA Hons Psychology and Linguistics
- BA Hons Psychology and Management
- BA Hons Psychology and Spanish Studies

*These degrees are not accredited by the British Psychological Society (BPS)
### Psychology BSc & BA Hons

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>+ An Introduction to Cognitive Psychology</td>
<td>Core BPS** content</td>
<td>Core</td>
<td>+ Research Project</td>
</tr>
<tr>
<td>+ An Introduction to Developmental Psychology</td>
<td>+ Cognitive Psychology</td>
<td>Plus 5 from the following***</td>
<td>+ MPsych dissertation</td>
</tr>
<tr>
<td>+ An Introduction to Neuroscience</td>
<td>+ Developmental Psychology</td>
<td>+ Cognitive Affective and Clinical Neuroscience</td>
<td>+ MPSc Psych</td>
</tr>
<tr>
<td>+ Personality &amp; Individual Differences</td>
<td>+ Foundations of Cognitive Neuroscience</td>
<td>+ Culture in Cognition and Development</td>
<td>+ MSc Psychology</td>
</tr>
<tr>
<td>+ Social Psychology in a Digital Age</td>
<td>+ Research Methods 1</td>
<td>+ Current Directions in Social Psychology</td>
<td>+ MSc in Psychology</td>
</tr>
<tr>
<td>+ Statistics for Psychologists 1 &amp; 2</td>
<td>Experimental Methods in Psychology</td>
<td>+ Forensic and Investigative Psychology</td>
<td>+ MSc in Clinical Psychology</td>
</tr>
<tr>
<td>+ Research Integrity &amp; Open Science 1 &amp; 2</td>
<td>+ Research Methods 2</td>
<td>+ Prozac Nation: Human Psychopharmacology</td>
<td>+ MSc in Developmental Psychology</td>
</tr>
<tr>
<td>+ Essential skills for Psychologists</td>
<td>Asking questions, analysing responses</td>
<td>+ The Developing Mind</td>
<td>+ Independent Literature Review</td>
</tr>
<tr>
<td>+ Minor module*</td>
<td>Social Psychology</td>
<td>+ The Lying Brain: An Examination of Hallucinations &amp; Delusions in Normal, Clinical and Pathological Populations</td>
<td>+ Psychological Aspects of Advertising</td>
</tr>
<tr>
<td></td>
<td>+ Statistics</td>
<td>+ The Neuroscience of Typical and Atypical Development</td>
<td>+ Psychological Research</td>
</tr>
</tbody>
</table>

### Psychology (Study Abroad) BSc & BA Hons

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>+ An Introduction to Cognitive Psychology</td>
<td>Core BPS** content</td>
<td>Core</td>
<td>+ Research Project</td>
</tr>
<tr>
<td>+ An Introduction to Developmental Psychology</td>
<td>+ Cognitive Psychology</td>
<td>Plus 5 from the following***</td>
<td>+ MPsych dissertation</td>
</tr>
<tr>
<td>+ An Introduction to Neuroscience</td>
<td>+ Developmental Psychology</td>
<td>+ Cognitive Affective and Clinical Neuroscience</td>
<td>+ MSc Clinical Psychology</td>
</tr>
<tr>
<td>+ Personality &amp; Individual Differences</td>
<td>+ Foundations of Cognitive Neuroscience</td>
<td>+ Culture in Cognition and Development</td>
<td>+ MSc in Health Psychology</td>
</tr>
<tr>
<td>+ Social Psychology in a Digital Age</td>
<td>+ Research Methods 1</td>
<td>+ Current Directions in Social Psychology</td>
<td>+ MSc in Health Science</td>
</tr>
<tr>
<td>+ Statistics for Psychologists 1 &amp; 2</td>
<td>Experimental Methods in Psychology</td>
<td>+ Forensic and Investigative Psychology</td>
<td>+ MSc in Industrial and Organizational Psychology</td>
</tr>
<tr>
<td>+ Research Integrity &amp; Open Science 1 &amp; 2</td>
<td>+ Research Methods 2</td>
<td>+ Prozac Nation: Human Psychopharmacology</td>
<td>+ MSc in Management</td>
</tr>
<tr>
<td>+ Essential skills for Psychologists</td>
<td>Asking questions, analysing responses</td>
<td>+ The Developing Mind</td>
<td>+ MSc in Management Information Systems</td>
</tr>
<tr>
<td>+ Minor module*</td>
<td>Social Psychology</td>
<td>+ The Lying Brain: An Examination of Hallucinations &amp; Delusions in Normal, Clinical and Pathological Populations</td>
<td>+ MSc in Neuroscience</td>
</tr>
<tr>
<td></td>
<td>+ Statistics</td>
<td>+ The Neuroscience of Typical and Atypical Development</td>
<td>+ MSc in Psychology</td>
</tr>
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### Psychology MPsych Hons

<table>
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<th>Year 2</th>
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</tr>
</thead>
<tbody>
<tr>
<td>+ An Introduction to Cognitive Psychology</td>
<td>Core BPS** content</td>
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<td>+ Research Project</td>
</tr>
<tr>
<td>+ An Introduction to Developmental Psychology</td>
<td>+ Cognitive Psychology</td>
<td>Plus 5 from the following***</td>
<td>+ MSc in Psychology</td>
</tr>
<tr>
<td>+ An Introduction to Neuroscience</td>
<td>+ Developmental Psychology</td>
<td>+ Cognitive Affective and Clinical Neuroscience</td>
<td>+ MSc in Psychology of Education</td>
</tr>
<tr>
<td>+ Personality &amp; Individual Differences</td>
<td>+ Foundations of Cognitive Neuroscience</td>
<td>+ Culture in Cognition and Development</td>
<td>+ MSc in Social Psychology</td>
</tr>
<tr>
<td>+ Social Psychology in a Digital Age</td>
<td>+ Research Methods 1</td>
<td>+ Current Directions in Social Psychology</td>
<td>+ MSc in Social Work</td>
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<tr>
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<td>Experimental Methods in Psychology</td>
<td>+ Forensic and Investigative Psychology</td>
<td>+ MSc in Substance Abuse</td>
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<tr>
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<td>+ Research Methods 2</td>
<td>+ Prozac Nation: Human Psychopharmacology</td>
<td>+ MSc in Therapeutic Studies</td>
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<tr>
<td>+ Essential skills for Psychologists</td>
<td>Asking questions, analysing responses</td>
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<td>+ MSc in Work and Organizational Psychology</td>
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<td>+ Minor module*</td>
<td>Social Psychology</td>
<td>+ The Lying Brain: An Examination of Hallucinations &amp; Delusions in Normal, Clinical and Pathological Populations</td>
<td>+ MSc in Youth Care and Developmental Psychology</td>
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<tr>
<td></td>
<td>+ Statistics</td>
<td>+ The Neuroscience of Typical and Atypical Development</td>
<td>+ MS in Business Psychology</td>
</tr>
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Core BPS** content:
- Cognitive Psychology
- Developmental Psychology
- Foundations of Cognitive Neuroscience
- Research Methods 1
- Experimental Methods in Psychology
- Research Methods 2
- Asking questions, analysing responses
- Social Psychology
- Statistics

Core: + Research Project

Plus 5 from the following***:
- Cognitive Affective and Clinical Neuroscience
- Culture in Cognition and Development
- Current Directions in Social Psychology
- Forensic and Investigative Psychology
- Prozac Nation: Human Psychopharmacology
- The Developing Mind
- The Lying Brain: An Examination of Hallucinations & Delusions in Normal, Clinical and Pathological Populations
- The Neuroscience of Typical and Atypical Development
- The Psychology of Art
- The Psychology of Attention: from the laboratory to everyday behaviour
- The Psychology of Cooperation
- The Psychology of Meditation
- Topics in Clinical Psychology

Core: + MPsych dissertation

Plus 3 from the following:
- Analysing Talk and Text
- Analysing and Interpreting Data 1 & 2
- Conducting and Presenting
- Developmental Disorders
- Developmental Psychology
- Independent Literature Review
- Psychological Aspects of Advertising
- Psychological Research
- Social Psychology

*You will choose your minor module from a recommended list compiled by your Department.

** BPS – British Psychological Society

*** These optional modules are indicative content as the topics change to reflect the latest developments in psychology.

For more information, please visit [www.lancaster.ac.uk/psychology](http://www.lancaster.ac.uk/psychology)
Charlie Brown, 3rd year student

My favourite module is definitely the dissertation, or 304 Project as it’s known. It’s a culmination of everything we’ve learned so far during lectures and practical lab classes, but with a more individual take that really depends on personal motivation and work ethic.

Although it is commonly known as the third year project, it actually starts towards the end of second year with supervisor allocation and the ethics proposal. Each student is encouraged to read through all the supervisors’ research interests and rank them in order of preference. An algorithm is then used to ensure fair distribution of preference, and more often than not the student-supervisor pairings work out really well. Second year exams both start and finish earlier than most other courses, to allow for initial work on the project and ethics application, which must be submitted before the summer holiday. I was lucky to get on really well with my supervisor, she was really encouraging and helped me to work out what I wanted to study in my project – alcohol-related attentional bias and sleep in university students.

The beginning of third year was really fun, as soon as I received ethical approval I could start recruiting participants and running my study! I set up in one of the labs with my borrowed eye tracker, and dragged in all my friends to anonymously and confidentially answer questionnaires about their sleeping patterns and drinking habits, before taking on the eye-tracking task.

It was great fun to learn to use new equipment and to use the SONA participants recruitment system, where first years can complete psychology studies in exchange for course credits which also allows them to use the system to recruit participants for their own project in the future.

Analysing the data from the questionnaires and eye tracking task was a little more daunting and complicated, but with my supervisor’s help I managed to make sense of all the numbers. It was at this point I realised just how valuable the practical lab sessions from previous years were, as I could read back over the slides and practical exercises to remember how to analyse the data properly and use the software correctly to draw out my results. Throughout all this I read a lot of the previous literature, to help with my own project and to write the background literature part of my report.

Writing the report was the hardest bit, but again I received a lot of support from my supervisor and was motivated to demonstrate the hard work I had put into my project. It really felt like I finally got to put into practice what I’d learned over the past few years and study an area I was interested in. This project was really mine, and I enjoyed it so much that I am now applying for a research Masters so I can continue doing what I enjoyed most throughout my three years at university.
Study Abroad

Why study abroad?
- Gain a thorough grounding in the key areas of modern psychology, complemented by the benefits of living and studying abroad
- Engage with different methodologies, research and teaching practices within your host university
- Widen your academic network
- Increase your employment opportunities

Potential destinations
Asia, Australia, Canada, Europe (Italy, the Netherlands and Switzerland), South America and New Zealand.

Partner universities may vary so for up to date information, we advise that you contact the Global Experiences team directly: globalexperiences@lancaster.ac.uk

For more information, please visit www.lancaster.ac.uk/psychology

Marie Ceesay, 2nd year student

Attending Lancaster University has given me many opportunities to travel. I am currently on a Study Abroad scheme which means I add an extra year to my degree by going to a different university for a year between my second and third year.

The Psychology Department has one of the highest number of destinations within the University giving us many options. The Department was also very helpful throughout the whole application process, discussing potential destinations and modules that could be studied whilst there.

The beauty of the different travel opportunities available is that you can either go on a Study Abroad programme or go on a short vacation programme, or you can travel within the student societies that you join. Last year I met many new people on our Psychology Society exchange trip to Utrecht in the Netherlands.

The University also leads trips each year to many different destinations, some close to home like Germany, Belgium and France, or much further away such as India, China and Malaysia. These opportunities are amazing because it allows you to travel with other students from the University lasting between one to three weeks.

They include activities co-ordinated by the University whilst also having free time. These trips are really good for those not wanting to commit for a year or even for those who want to find out if they are capable of travelling and being independent.

In the summer of my first year I went to a summer school in Seoul, South Korea through a programme the University organised. I loved it so much and because of that experience I knew that I could handle being on my own in a wildly different culture. This made me more confident for being on my own for a year.

Your global experience
A place for the researcher

Our teaching experts bring their knowledge and passion to your lecture theatre, lab class and seminar.

This means that you will learn about the latest developments and their real-world application in this broad and fast-moving science.

Many of our prospective and current students tell us that they want to help people and to bring about positive change in the world. This is what drives our research too and we are proud of the impact that our work has.

Infancy and Early Development
One of the largest groups in the world working on the development of babies from before birth through to the social and physical world of toddlerhood.

Language and Cognition
Our expertise focuses on language at multiple levels from phonemes to literacy, and cognition from behavioural regulation to embodied cognition, and beyond.

Perception and Action
We investigate human interactions with the world and their effect on behaviour via sensory and motor processes.

Social Processes
We study the social and cognitive processes that shape human actions and evaluations of others using a range of quantitative and qualitative methodologies.

For more information, please visit www.lancaster.ac.uk/psychology
Entry requirements

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<tr>
<th>Degree</th>
<th>UCAS Code</th>
<th>Duration</th>
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<td>BSc Hons Psychology</td>
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<td>3 years</td>
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<tr>
<td>BA Hons Psychology</td>
<td>C802</td>
<td>3 years</td>
</tr>
<tr>
<td>BSc Hons Psychology (Study Abroad)</td>
<td>C801</td>
<td>4 years with a year abroad</td>
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<tr>
<td>BA Hons Psychology (Study Abroad)</td>
<td>C803</td>
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<tr>
<td>MPsych Hons Psychology</td>
<td>C804</td>
<td>4 years</td>
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Entry requirements for BSc/BA Hons Psychology and BSc/BA Hons Psychology (Study Abroad)

- **A levels**: AAB
- **BTEC**: DDD
- **International Baccalaureate**: 35 points overall with 16 points from the best 3 Higher Level subjects.
- **Required subjects**: Mathematics grade B or 6 (grade 5 will be considered on a case by case basis).

Entry requirements for MPsych Hons Psychology

- **A levels**: AAA
- **BTEC**: DDD
- **International Baccalaureate**: 35 points overall with 16 points from the best 3 Higher Level subjects.
- **Required subjects**: Mathematics grade B or 6 (grade 5 will be considered on a case by case basis).

Disclaimer
The information provided in this brochure is correct at the time of publication (June 2019) but this may be subject to change as we constantly review and update our degree programmes. This brochure does not guarantee the availability of any module and does not form part of any contract between any person and Lancaster University.