



Humber and North Yorkshire
Health and Care Partnership



System Level Learning from Humber and North Yorkshire

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Lead Provider



Programme Manager
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Steering Group



ICS VCSE Collaborative



National Green Social Prescribing Team



National Evaluation Team



Understanding the Landscape

What is already going on? *Over 450 activities currently running. Spoken to c150 of these.*

How do Social Prescribing (SP) services operate? *Huge variety in delivery – NHS, VCSE, Local Authority. 28 employers. Different criteria for access, contact points with referrals and outcome measures used.*

Where are the opportunities through Mental health pathways? *Due to geography, 4 different providers: 3 NHS and one commissioned Community Interest Company.*

Are healthcare services contacted to community-led outdoor and in-nature activities? *There is some connection but on the whole, no, not in a formal way.*

What are the barriers to connecting to outdoor and in-nature activities? *Lack of knowledge on offer, transport and rurality, limited offer locally.*

What challenges do VCSE outdoor and in-nature activities face? *Funding security, not being referred to. Lack of knowledge on how to evaluate their impact.*

What are the impacts for the individual of Green Social Prescribing in Humber and North Yorkshire? *Working with SP services to follow a cohort of individuals.*



*Open Country Community Allotment,
Harrogate.*

Enablers:

- Broad understanding across the Integrated Care System of what GSP is and its impact.
- God's Own County (and parts of Lincolnshire)! Diverse environment from coast, estuary, woodland and urban greenspace to National Parks, National Nature Reserves and National Trails.
- GSP programme staff team: Clinical and non-clinical; environmental NGO and nature connection experience; research and clinical experience in mental health and green space.
- Open doors. Newly established Primary Care Mental Health team in North Lincolnshire engaged as service developed.
- Immersive experience opportunities offered for NHS staff.
- Programme delivery through the VCSE sector – more reactive, connected and have the opportunity to bring in extra funding.
- A committed, passionate and experienced VCSE sector already doing GSP!



Humber and North Yorkshire Green Social Prescribing Steering Group Chair (also CEO of Tees, Esk and Wear Valley NHS Foundation Trust) with volunteers from TCV at Hull Road Park in York.

Challenges:

- Short-term funding model for VCSE sector – activities and offers can change.
- Mis-trust and lack of understanding between sectors.
- Existing great work is often led by passionate individuals rather than organisational or service policy.
- High staff turnover in Social Prescribing.
- Recommissioning.
- To some, GSP is still 'new'. Culture change needed in some areas.
- Inequalities of access to green and blue space.
- Green Social Prescribing can be seen as separate to Social Prescribing.
- Equally, some Mental Health services see 'GSP' as being for Social Prescribers.

We need to talk more about Nature Connectedness!



York Bike Belles CIC working with My Sight York – barriers should be challenged!

Sustaining Green Social Prescribing in HNY:

- Ensuring GSP is in all conversations at a strategic level.
- Building the evidence-base for GSP interventions.
- Exploring where else GSP can support - physical health, waiting well etc.
- Seeking investment from ICS through a Business Case to showcase why GSP is needed across the system.
- Submitting a Reaching Communities bid to support and develop the VCSE sector to be 'commission ready'.
- Explore more sustainable funding models for VCSE.
- Facilitating better collaboration between VCSE groups and healthcare providers to design needs-led GSP activities.
- Exploring how GSP fits in to place-based and neighbourhood-based plans.



Weekly Nature Walk with CLIMB4, Grimsby.

https://www.youtube.com/watch?v=MC8mPb6_scg