



**A network linking the Quality of Urban Environments with  
Nature Connectedness and Health**

**Webinar 16.06.22**

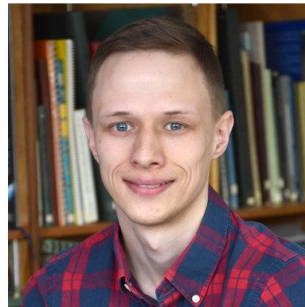
<https://www.lancaster.ac.uk/lec/about-us/engagement/quench-network/>

# The QUENCH Team

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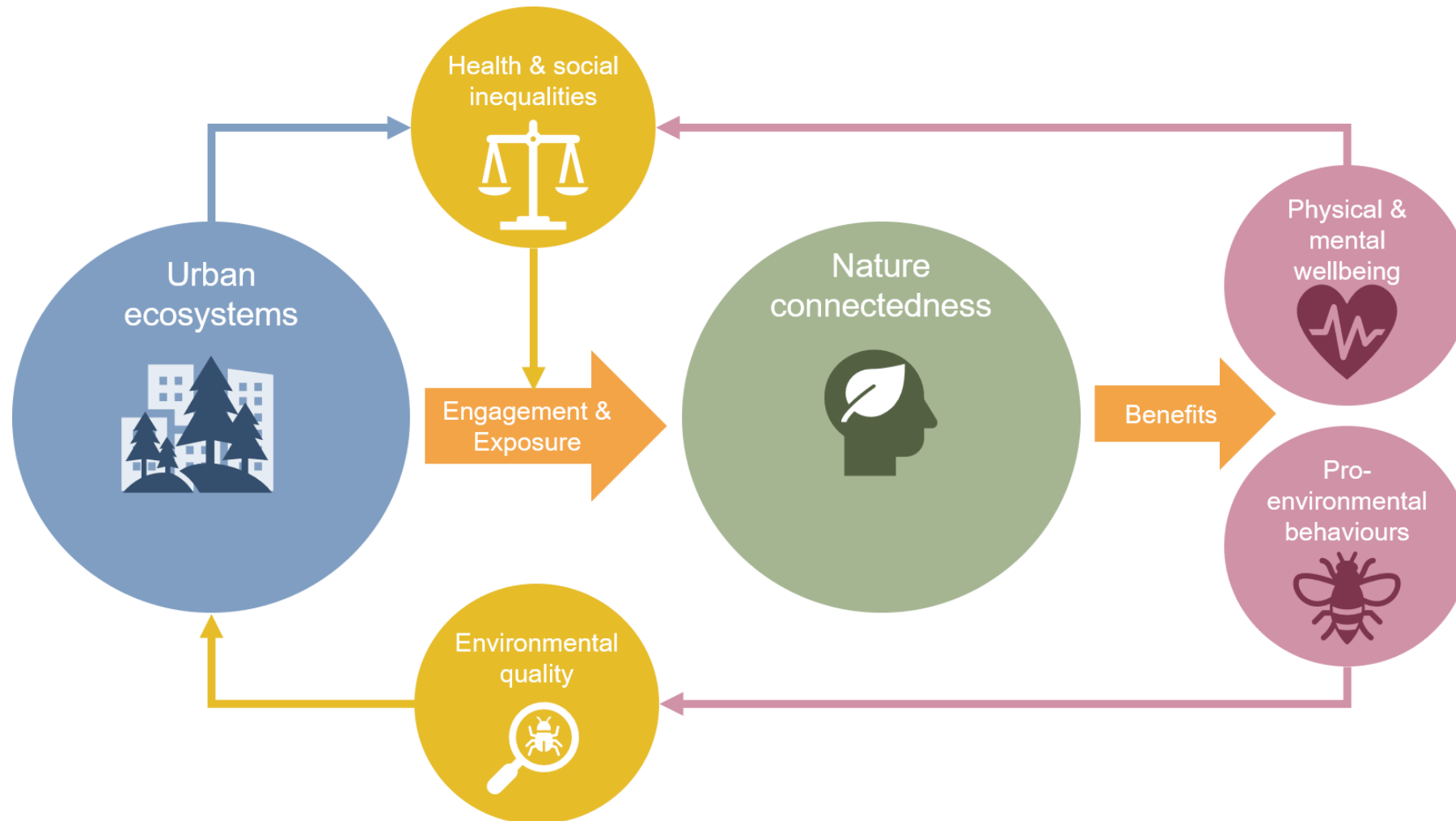


Rachel Marshall  
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# Exploring the linkages between ecosystem/environmental quality, nature-connectedness, health and social outcomes



# The QUENCH Mentors

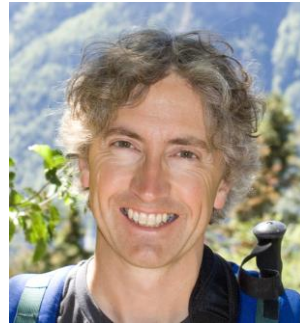
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Prof Rosie Hails  
Nature & Science  
Director  
National Trust

## The five projects

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- [Making Space for Young People](#): physical and mental health effects on teenagers of doing different types of activities in places with high or low biodiversity
- [EQUI-FOOD](#): how soil quality affects people's sense of connection with nature in urban food growing projects at ground level and in rooftop gardens
- [Quality Inequalities](#): how the ecological and sensory qualities of place influence inequalities in people's experience of nature
- [Why do we dig gardens?](#): how ecosystem quality in nature-based activities can affect management of and recovery from common mental health disorders
- [Designed for Connection](#): effects of a new approach to citizen science, intended to foster connection with nature as well as monitor urban ecosystems, in areas of high and low ecological quality

# Agenda

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- Welcome & introduction
- Networking sessions
- Keynote: Dave Bell, Natural England
- Project updates x 3 + Q&A
- Break
- Project updates x 2 + Q&A
- Keynote: Helen Chatterjee, AHRC
- Wrap up & close



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<https://www.lancaster.ac.uk/lec/about-us/engagement/quench-network/>