

**Is my project classed as research according to the HRA?**

[HRA decision tool - Is my project research?](#)

**No**

- **Faculty REC** may be required (REAMS application)

**Yes**

**Does my project need HRA approval?**

[See HRA guidance](#)

**No**

**Does my project need NHS REC review?**

[Do I need NHS REC review?](#)

**No**

- **Faculty REC** may be required (REAMS application)

**Yes**

- **A Sponsor is required**  
(Internal sponsorship application to request Lancaster University as sponsor)
- **NHS REC Review and Approval is required**  
(IRAS application)

**Yes**

**Does my project need NHS REC review?**

[Do I need NHS REC review?](#)

**No**

- **A Sponsor is required**  
(Internal sponsorship application to request Lancaster University as sponsor)
- **HRA Approval is required**  
(IRAS application)
- **Faculty REC required**  
(REAMS application)

**Yes**

- **A Sponsor is required**  
(Internal sponsorship application to request Lancaster University as sponsor)
- **HRA Approval is required**  
(IRAS application)
- **NHS REC Review and Approval is required**  
(IRAS application, can be combined with IRAS application for HRA Approval).

**If your sponsor is not Lancaster University** – you will require an external sponsor via the external sponsor's application method, HRA and/or NHS REC Review and approval via an IRAS application supported by the external sponsor, and you may need Lancaster University Faculty REC via Reams application.