

Covid-19 and resilience of young people in Low/Middle income countries

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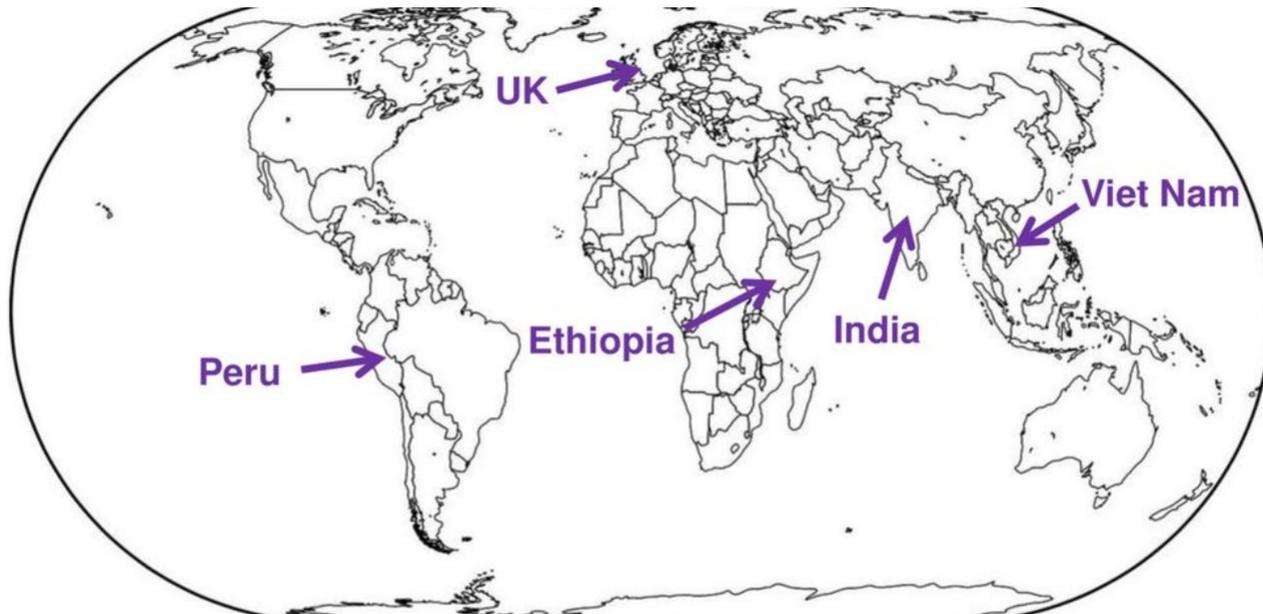


COVID-19 and Young People

Summary

- 1) Intro: Young Lives Survey- 20 years following 12,000 young people in four Low/Middle income countries
- 2) Findings from COVID-19 phone survey
 - Education- Inequalities around digital access
 - Work- Bounce back after initial shocks – flexibility?
 - Mental Health- Resilience for all but the most food insecure

Location of Study



Structure of the Young Lives survey



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Structure of the Young Lives 2020 Survey



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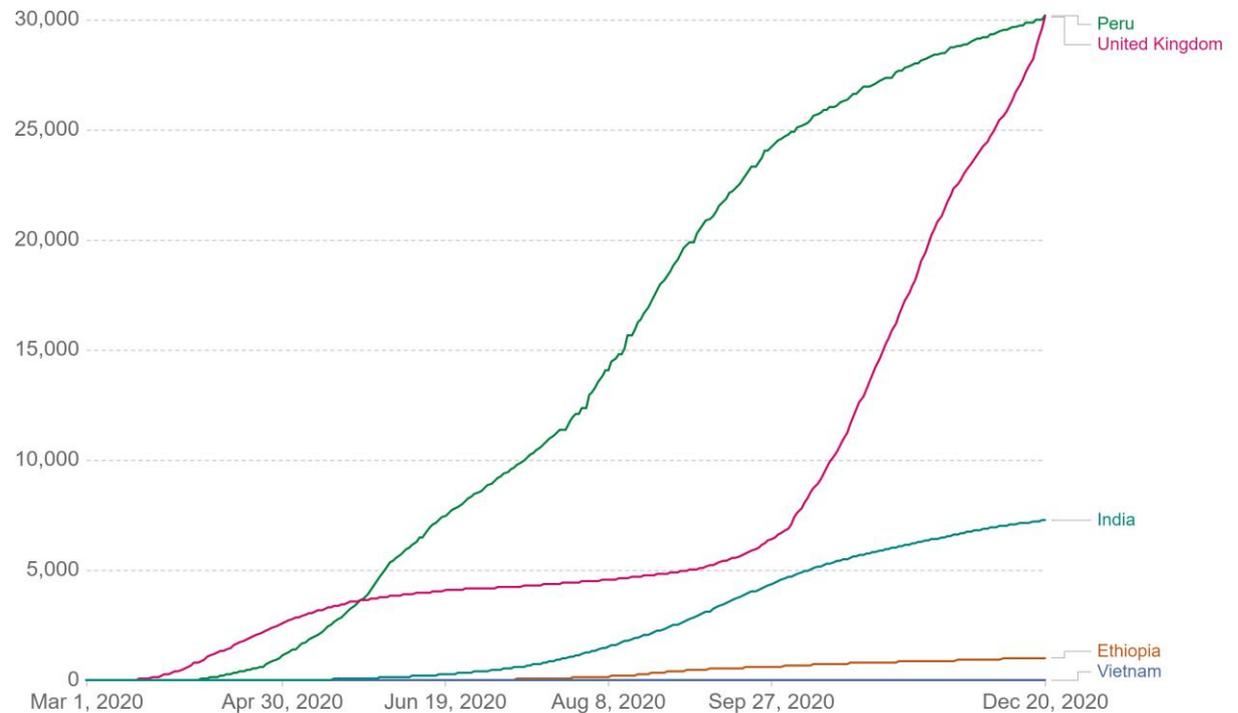
Pre and Post COVID-19 (1)

Pre-Covid:

- High growth and poverty reduction
- Peru: middle income
- India/Vietnam: lower-middle income
- Ethiopia: low-income

Cumulative confirmed COVID-19 cases per million people

The number of confirmed cases is lower than the number of actual cases; the main reason for that is limited testing.



Source: Johns Hopkins University CSSE COVID-19 Data

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Pre and Post COVID-19 (2)



- Steep rise in food shortages in 2020 survey (except Vietnam)
- One in six households in Ethiopia/India report running out of food
- Drop in reported wellbeing (except in Vietnam)
- Peru: Illness and stress about COVID

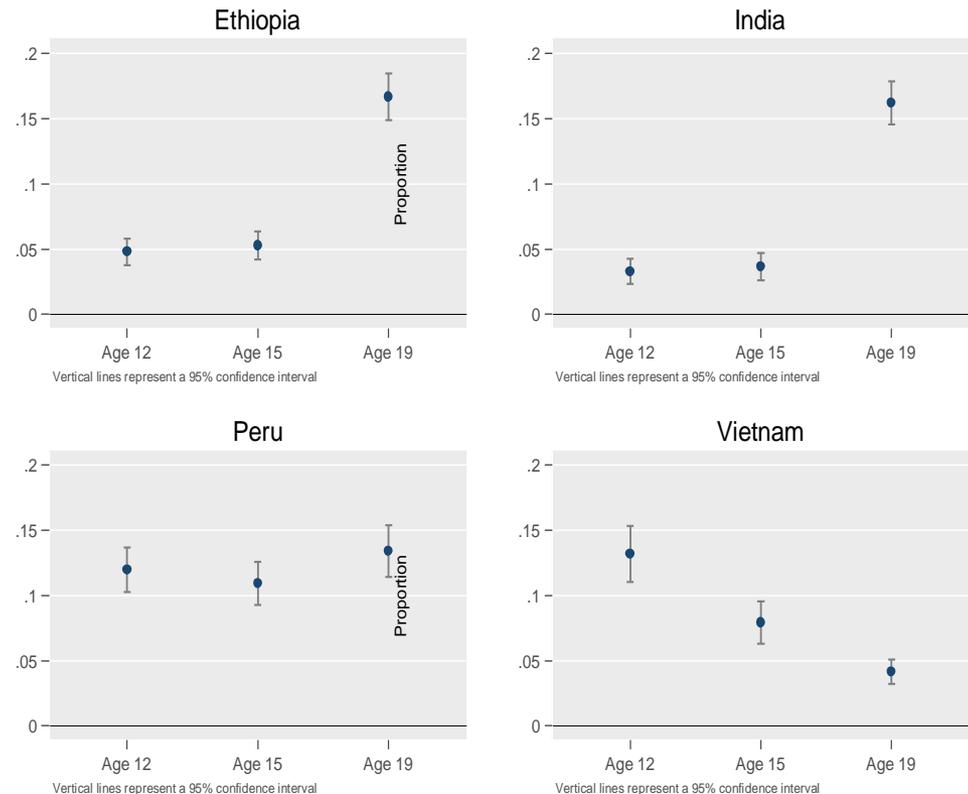


Chart: Proportion running out of food 7

Key findings: Education

Continuing studies during school closures has been almost impossible for students without access to both internet and a device to learn on.

- In Ethiopia, 39% of 19-year-old girls had not engaged in any form of learning since school closures began.
- In India, this proportion was 14%.
- In Peru, boys were more at risk of dropping out.
- In Vietnam – mainly school completion.

Fears for return to school after a year of lost learning...

Key findings: Employment



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Severe Economic Shock March-August

- Many lost jobs and very few were able to work from home
- Many 19 year olds had to take jobs to help the family

However, recovery by end-year

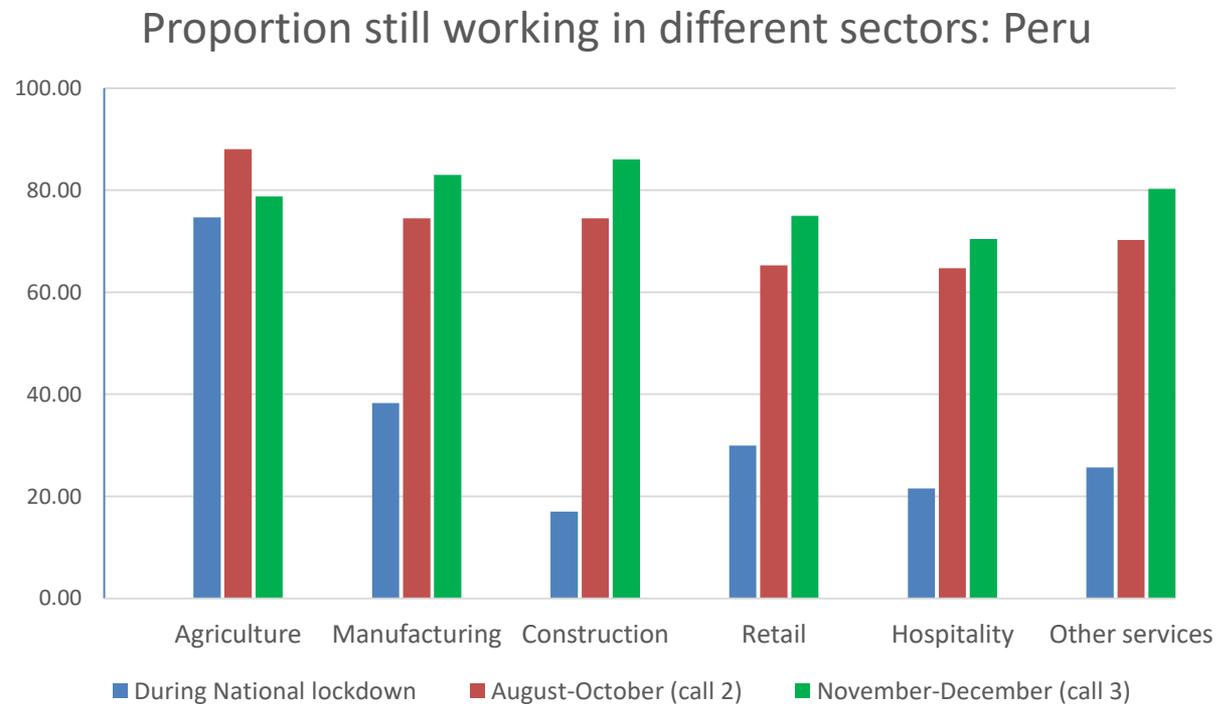
- Bounce back between August and December for most (except older girls)
- Shifting sectors suggests resilience through adaptability
 - Move into agriculture which can be done “socially distanced” and was not restricted

And the situation is bleaker for 3 countries again in April 2021

- Covid-19 cases rising in Ethiopia, India, Peru
- Conflict in Ethiopia

Labour Market resilience: Peru

- Not many can work from home
- Some sectors more affected than others by lockdown
- Evidence of rebound by December
- Higher skilled bounce back quicker



Key findings: Mental Health



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August Survey showed a difficult picture

- Rates of both anxiety and depression highest in Peru
 - Almost half of Peruvian young women reported symptoms of (at least) mild anxiety
 - Vietnam the lowest rate of problems

By December recovery in all countries except Ethiopia

- Significant improvement in Peru
- In all countries, food insecure reported worse mental health

Find out more



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Young Lives main website: <https://www.younglives.org.uk>

The screenshot shows a webpage from VoxEU/CEPR. The header includes the VoxEU and CEPR logos, navigation links for 'Create account', 'Login', and 'Subscribe', and a search bar. Below the header is a menu with categories like 'Columns', 'Covid-19', 'Vox Multimedia', 'Publications', 'Blogs&Reviews', 'People', 'Debates', 'Events', and 'About'. The main content area features an article titled 'Young Lives Interrupted: Coping with COVID-19 in developing countries' by Catherine Porter. The article text discusses the impact of the COVID-19 pandemic on adolescents in low- and middle-income countries. A video player is embedded below the text, showing Catherine Porter speaking. To the right of the article is a sidebar with a 'Don't Miss' section listing other articles and an 'Events' section for CEPR-VDEV Webinars.

<https://voxeu.org/content/young-lives-interrupted-coping-covid-19-developing-countries>



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Thank you for attending,
any questions?
