Most of us feel our confidence slip as we move beyond the familiar. We may be relaxed and outgoing when we’re in the company of people we know, but put us among strangers or in front of an audience and we’re much less comfortable. That’s why conferences, presentations and networking occasions can feel more like nightmares than opportunities.

This stimulating and involving course, run by VOX Coaching, will help you gain confidence and speak compellingly in front of any audience. It will equip you with practical techniques for engaging, informing and influencing. You’ll explore your presentation and communication style in a supportive atmosphere and discover ways of enhancing it. The course will stand you in good stead now and in your future career.

After the course, you’ll be able to get access to a course summary, follow-up material and the VOX Academy – an online repository of written guidance, lively videos and other resources to help you extend your learning and take your communication skills to the next level.

**About VOX**

VOX Coaching is a communication-skills training company with a loyal clientele in the higher education, business, government and health sectors. Its coaches have worked with some 30 Universities, including Bristol, Oxford, Edinburgh, Imperial, Manchester and UCL, as well as with leading international business schools. They have coached vice-chancellors, CEOs, speakers at the World Economic Forum, judges and MPs up to Cabinet Level. VOX coaches are experts in helping people to communicate in their own style - but with more skill and a dash of inspiration.