Student Wellbeing Put First

Fast-track access to highly qualified mental health professionals:
- One-to-one clinical expertise
- Appointments within 7 days
- Face-to-face video call and telephone consultations
- Multilingual counsellors

A wealth of expertise in helping patients manage & overcome a range of conditions:
- Treating and managing stress, substance abuse, self harm, and eating disorders
- Generalised Anxiety Disorder and Depression
- Assistance with managing the psychological effects of Long-Covid
- Living with diagnosed conditions such as ADHD
- Helping with identity issues

About Us
Imagine Health is Lancaster University’s specialist mental health and counselling services partner. Our team of highly qualified mental health professionals have a wealth of experience supporting students at whatever stage of their studies to help resolve emotional and mental health concerns big and small.
Confidentiality and trust are at the heart of our service, so you can openly discuss and explore your thoughts and feelings in complete privacy with your therapist.