

First in Family Form Guidance



The First in Family form collects the information we need to confirm whether you (the applicant) are the first in your family to attend higher education.

How to fill out this form

There are sections for you to complete and, if you live with or have regular contact with your parent(s) or guardian(s), there are sections for them to complete.

Section A: Living arrangements and contact with parent(s)/guardian(s)

This section should be completed by you (the applicant).

In order to establish whether you meet the First in Family criteria, we need to know if you still live with your parents/guardians. If you do not live with one or both of your parents/guardians, we need to know if you have **regular contact** with them. As type of contact varies from family to family, we have adapted [Gingerbread](#)'s definition of regular contact to guide you:

- Seeing, communicating with or staying with your other parent/guardian regularly after your parents/guardians have separated.
- There are many different types of contact, including speaking on the phone or online, seeing the parent on regular days and times, going to stay with your other parent overnight, or for long periods during the school holidays or regular weekend stays.
- Seeing, communicating with or staying with your parent(s)/guardian(s) regularly after you have moved out of the family home (for example, if you are a mature applicant).

Please use the space available in the boxes to provide further details regarding the type of contact you maintain with your parent(s)/guardian(s).

Section B: Parent/guardian education & employment

This section should be completed by your parent(s)/guardian(s).

If either of your parent(s)/guardian(s) attended Higher Education in the UK or abroad, they should provide a copy of their original graduation certificate with this form.

In cases where your parent/guardian are currently studying on a Higher Education course, a confirmed registration document from their university may be submitted in lieu of a graduation certificate.

In cases where your parent/guardian has completed an undergraduate and postgraduate course, please provide the graduation certificates for both courses.

We are not able to consider applicants whose parent(s)/guardian(s) attended higher education outside of the UK before the age of 21 as meeting the First in Family criteria.

You are welcome to direct questions to ugamedicine@lancaster.ac.uk.

First in Family Form Guidance



Section C: Declaration

All those who have provided information in this form should sign the declaration. Please note we cannot accept typed signatures. Alternatively, you can provide a digital signature using the app “docu-sign” or similar and return to ugamedicine@lancaster.ac.uk.