

Swimming Pool Admission Policy

Non - Programmed Sessions

Lancaster University Sports Centre aims to provide users of the swimming pool with an enjoyable experience under the safest possible conditions. This policy does not intend to prevent children from having fun and enjoying the health and social benefits of swimming, or create unnecessary barriers for parents and carers.

In accordance with the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA), which is also supported by the Health and Safety Executive; Royal Lifesaving Society, Amateur Swimming Association, Royal Society for the Prevention of Accidents and our own risk assessments we enforce the following policy at the Sports Centre to ensure the safety of young and weak swimmers.

To help us ensure the health and safety of all pool users the following swimming pool admission policy is in operation.

Casual Swimming

A responsible adult (competent swimmer) who is at least 16 years of age must accompany all children under the age of 8 years and non-swimmers in the pool. The responsible adult must go into the water, remain in full eye contact with the swimmer and be in close contact with weak or non-swimmers throughout the whole of their visit to the pool. Alternative temporary arrangements must be made should it be necessary to leave the child at any time.

Supervision Ratio:

- 0 – 3 years
- 1 adult: 1 child with or without arm bands
- 4 - 7 years
- 1 adult: 2 children with or without arm bands

Non swimmers wearing approved arm bands or buoyancy jackets must remain in the shallow end of the pool and must not move deeper than the –

No Arm Bands Beyond this point sign.

Children aged 8 – 9 years

Must be accompanied in the pool hall by a responsible person who is at least 16 years of age.

Swimmers should swim within their ability and take into account any illness or disability that may affect them. Swimmers suffering from any sort of medical or debilitating condition or require specialist assistance should inform the duty lifeguard **on each visit** to the pool or in advance of the visit. This is in the interest of all users in the event of an emergency situation.

Adult non-swimmers and weak swimmers must be supervised by a responsible adult throughout their visit to the pool and remain in standing depth.

Groups and Birthday Parties

The same age groups and ratios apply for groups and birthday parties using the pool on a casual basis.

Changing rooms

Responsible persons must accompany children under 8 years in the communal changing rooms at all times.

Programmed sessions – exemptions

Risk assessments have been conducted for all programmed swimming sessions which take place in 2 lanes of the pool. Sessions take place in a controlled environment therefore the ratio of adults (ASA swimming teachers) to children may be increased in accordance with the ASA teacher pupil ratios without compromising safety.

Sessions include:

- Parent and Toddler
- Crash courses
- Junior lessons and adult lessons
- Groups and birthday parties (supervised by swimming teacher or RLSS UK Lifeguard).

During non-programmed sessions and programmed sessions the Swimming Pool will be supervised by two RLSS UK Lifeguards at all times.