This form should be completed in discussion with your research supervisor(s). Once completed please send it to your research supervisor to sign off before you submit it. The completed version of the form should be no more than 3,500 words (including the text on the form, citations and the reference section, but excluding your supervisor’s comments).

## Title

This should be a concise description of the study (max 15 words)

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## Date of proposal submission

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## Trainee Name

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## Research Supervisor(s)

At least one of whom must be a member of the Lancaster University DClinPsy Research team (add more rows if you have more than two supervisors)

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| **Name** | **Job role** | **Organisation/Address** | **Supervisory role** e.g. indicate whether theoretical, methodological, clinical expertise |
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## Research Supervisor approval

To be completed by the primary research supervisor.

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| **Comments** | |
|  | |
| **Name:** | **Date:** |

## Lay summary

A standalone 200 word summary of the study in non-specialist language. This should not include any references.

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# Summary of the research

This should be a concise summary of your proposed research, providing a clear rationale for the study and the research design. It is not intended to be a fully developed protocol (as for an ethics application) but should provide sufficient detail to enable the reviewer to assess the robustness and feasibility of the proposal.

## Brief background/rationale

This should be a 500-700 word justification for why the study should be conducted, including references to key theoretical, research and policy literature. It should not be a comprehensive literature review, but should provide a clear rationale for your main research question(s) and for the relevance of the study to clinical psychology.

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## Research question(s)

This should be a brief statement of your main research question(s), following on from your rationale.

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## Study design/methodology

Please state your overarching methodological approach, with brief rationale.

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## Participants

Who will your participants be? Inclusion/exclusion criteria? How many? Include justification of numbers and power calculation as appropriate.

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## Recruitment plans

Where will you recruit participants from? How many recruitment sites? Recruitment methods?

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## Data collection

Interviews, questionnaires, specific measures to be used etc., with a brief rationale.

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## Data analysis plan

Please state what methods of analysis you intend to use, with a brief rationale.

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## Research governance approvals

What ethical and other research governance approvals will the study need e.g. NHS/HRA, University Ethics, other?

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## Particular research governance/ethical/practical/design issues

Please mention here any issues specific to the project that are likely to need particular consideration (e.g. risk issues, potential recruitment difficulties) and say how you plan to address them.

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## Service user/stakeholder involvement

How will you involve service users or other groups of people affected by the issue being researched (e.g. particular staff groups) in the design and conduct of the study? If you are not planning any involvement please give reasons.

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## Estimated research costs

The programme has a limited amount of funds that can be used to support research expenses in some cases, subject to the approval of the Research Director. It is important that any cost implications of the research are considered. Please see the research expenses section of the programme handbook: <http://wp.lancs.ac.uk/dclinpsy/research-expenses/> for more information. Please use the below table to provide expected costs for the study.

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## Details in relation to unusual/large expenditure

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| If there are any either unusual or large items please list the amounts in the table and present a case in the text box below it. |

## Case for the use of any unusual/large expenditure

If you have included any items in the above table please outline the case for this.

## Dissemination plans

Including plans to publish in academic journals, sharing summaries with participants etc

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## Timetable for completing the study

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## References

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