## Risk Assessment Form 2009

1. Name of Club: **Fencing Club**

<table>
<thead>
<tr>
<th>2. Potential Hazard</th>
<th>3. Who is at risk and what are the potential injuries?</th>
<th>4. What are the current controls and who is responsible?</th>
<th>5a. Controlled Likelihood</th>
<th>5b. Controlled Severity</th>
<th>5c. Controlled Risk Rating</th>
<th>6. What further action is needed and who is responsible?</th>
</tr>
</thead>
</table>
| Hit to body with sword | Fencers. Bruises, small cuts, very small possibility of breakages | • Wear full (BFA [British Fencing Association] approved) kit, including a certified mask, and at least 350N jacket, (provided by the club) and 800N plastron (usually their own, few are owned by the club) as well as suitable footwear.  
• Train against hitting too hard (i.e. learn to hit properly).  
• Responsibility of: Safety Officer (hereafter S.O.), individual fencers (hereafter I.F.) and sports centre staff (in the role of First Aider) | 4 | 1 | 4 | • Warnings for people who repeatedly hit too hard, followed by exclusion from the club if continued after repeated warnings.  
• Kit maintained to BFA standards (to be checked at least termly).  
• Responsibility of: S.O. |
| Hit on head (epee/sabre) | Fencers. Bruises, cuts, loss of blood, grazes, possible eye injury, concussion | • Wear appropriate mask – required kit anyway.  
• Correct training to avoid hits to back of the head.  
• Responsibility of: S.O., I.F., and Coach/es. | 2 | 2 | 4 | • Kit maintenance,  
• Training not to hit too hard.  
• Responsibility of: S.O., I.F., Coach/es |
| Wound to major blood | Fencers. Severe loss of blood | • Wear appropriate kit, training.  
• Responsibility of S.O, I.F, Coach/es | 1 | 3 | 3 | • Training, against violent conduct and possibility for |
<table>
<thead>
<tr>
<th>Fencers/spectators</th>
<th>Mopping spillages, checking pistes pre fencing, general care with drinks etc</th>
<th>1</th>
<th>3</th>
<th>3</th>
<th>Making sure spills don't happen, use of correct footwear, lids on bottles etc. Keep liquids away from the centre of the room and fencing areas. Responsibility of S.O. I.F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slip on wet/dusty floor</td>
<td>Fencers/spectators Bruising, sprains, joint damage, possible concussion, possible breaks, dental damage</td>
<td>2</td>
<td>3</td>
<td>6</td>
<td>Make sure piste is clean etc. Responsibility of: I.F</td>
</tr>
<tr>
<td>Fencers over balancing/lunging</td>
<td>Fencers. Bruising, sprains, joint damage, possible concussion, possible breaks, dental damage</td>
<td>3</td>
<td>2</td>
<td>6</td>
<td>Keep floor tidy to avoid tripping. Responsibility of: I.F Wear suitable footwear to avoid falling (I.F)</td>
</tr>
<tr>
<td>Tripping up</td>
<td>Fencers/Spectators. Keep floor clear of equipment and</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td>Clearing personal kit to the</td>
</tr>
</tbody>
</table>
| Injury to spectators | Spectators. Cuts, bruises, grazes, facial injury, loss of consciousness, concussion, bleeding, possible eye injury | Make sure spectators remain in specified areas, enforced by exec warnings, fencers try to remain on piste as far as possible whilst fencing (as in regulations).  
Responsibility of: All exec, I.F | 1 | 4 | 4 | Make clear to spectators where they can be: the sides of the room, or the balconies, not between or next to pistes.  
Responsibility of: All Exec |
|----------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-----|-----|-----|-------------------------------------------------------------------------------------------------|
| Broken blade 1: hit by flying fragment | Fencers/spectators, cuts, bruises, bleeding | Make sure blades are in good condition per bout.  
Blades are to be straightened correctly, under guidance of S.O. or Coach/es.  
Blades are not to be used if they are in bad condition.  
Stop fencing as soon as a blade breaks.  
Responsibility of: S.O, Armourer, I.F | 2 | 3 | 6 | Keep spectators a decent distance from piste |
| Broken blade 2: stabbed with broken blade | Fencers. Cuts, bruises, blood loss, puncture wounds, internal injury | Stop as soon as blades break.  
Responsibility of: I.F | 1 | 4 | 4 | Train to maximise speed of halt in case of blade breakage.  
Responsibility of: Coach/es, and experienced fencers to warn beginners |
| Muscle injury | Fencers. Strains, sprains, overstretching | • All members are required to do a thorough warm up before fencing.  
• Responsibility of: Exec, I.F. | 2 | 2 | 4 | • Pay attention to Coach/es regarding footwork, turn up to warm up.  
• Latecomers to do their own warm up.  
• Responsibility of: I.F. |
| Dehydration/o verheating | Fencers. Loss of consciousness | • Keep doors open to maximise airflow.  
• Drink water regularly.  
• Responsibility of: Exec, I.F | 3 | 2 | 6 | • Remind people where water fountains etc are.  
• Tell new members to bring a bottle for water.  
• Responsibility of: Exec |
| Lifting kit out of cupboards | Fencers. Sprains, bruises, joint damage, splinters, crush injuries | • Take care when lifting.  
• Don’t take too much at a time.  
• Responsibility of: S.O, I.F | 2 | 3 | 6 | • Put things away safely.  
• Teach all club members to lift safely.  
• Explain to all members how to carry kit.  
• Responsibility of: S.O, I.F |
| Falling down stairs | Fencers/Spectators or other members of the public. Cuts, bruises, concussion, broken bones, dental damage, loss of consciousness, head injuries | • Don’t carry too much.  
• Don’t run.  
• Explain to all members in a safety talk at the beginning of each term.  
• Responsibility of: S.O, I.F | 0 | 4 | 0 | • Move storage to one of the Minor Hall cupboards to eliminate the stairs completely.  
• Make sure that when carrying items, the stairs below can be seen where possible.  
• Carry large items between two people.  
• Be aware of other people using the stairs. |
<table>
<thead>
<tr>
<th>Fencing with existing injury</th>
<th>Fencers. Make injury worse, cause other injuries (e.g. fencer falls due to leg injury, causing a head injury)</th>
<th>Don't fence if injured. &lt;br&gt;Make injuries known to exec members. &lt;br&gt;Responsibility of: I.F, S.O</th>
<th>1</th>
<th>2</th>
<th>2</th>
<th>Rest and recuperation, don't come to training. &lt;br&gt;Have all possible injuries examined by doctor where necessary to prevent unknown damage. &lt;br&gt;If necessary, wear appropriate joint support. &lt;br&gt;Responsibility of: I.F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Getting drunk on socials</td>
<td>Refer to general code of practice</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7. Completed By:</th>
<th>Position</th>
<th>Date Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safety Officer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Club President</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>